

Health & Human Services

AARP Driver Safety. Due to COVID-19, in-person service will be temporarily suspended through October 1st, 2021. To register for the AARP Smart Driver online course, see below. AARP is offering a special 25% off discount through September 30.

Website: www.aarpdriversafety.org

Promo code for 25% discount: DRIVINGSKILLS

Alzheimer's Support Group by Senior Helpers. The 4th Wednesday of each month from 2 p.m.-3:30 p.m. Call Jenny at Senior Helpers, an AFA CARES affiliate office at 925-677-2150 for information, or, just show up. This group is open to the public and is at no cost to its attendees.

Café Costa (preciously CC Café) by Meals on Wheels Diablo Region (MOWDR). Open to adults 60+ and younger spouses and seniors. Meals are served Tuesday, Wednesdays and Thursdays at 11:30a.m. Reservations are required, and must be made by 11:30a.m. the day before by calling 925-825-1488. Donations to cover the cost of food are accepted. The suggested donation is \$3.00, but is not required. Seniors receive 5 frozen take-out meals on Thursdays.

Care Management by Meals on Wheels Diablo Region (MOWDR).

Discover a wide variety of assistance and resources for Adults 60+. Appointments are available on Mondays and Wednesdays from 10 a.m. – 2 p.m. Call (925) 671-3035 to schedule a free, confidential consultation.

GoGo Concord (FORMERLY GET AROUND TAXI) SENIOR TRANSPORTATION PROGRAM by Concord Commission on Aging. Program is available to Concord residents and 65 years and older. This door to door option allows seniors to get transportation service at an affordable rate. Concord residents that are 65+ can purchase an e-Script for \$15 that is worth \$30 in rides. For more an application and more information, please call 925-671-3320.

Health Insurance Counseling and Advocacy Program (HICAP).

HICAP has a one-on-one counseling sessions at the Senior Center on the 2nd Tuesday and 3rd Friday of each month and can be scheduled by calling (925) 655-1393. To view other locations and general information, please visit <https://cchicap.org/contact/>.

Home Match by Covia a Front Porch Partner.

Through civic partnerships with the City of Concord, this program matches senior homeowners, who need affordable housing in order to remain in the area. Assist with housing agreements for all parties involved. Mediation and referral services are available. Provide interviews, applications, background screening. Appointments are every Tuesday between 9 a.m.-4 p.m. Call (925) 956-7385 to make an appointment.

Advance Health Care Directive (AHCD) by Contra Costa Senior Legal Services. Attorneys and staff will “meet” over the telephone with you one-on-one. The attorney and staff will review the AHCD with you and they will complete a FREE AHCD tailored to your wishes. The completed AHCD will be mailed to you after your appointment. To sign up call, Contra Costa Legal Services as soon as possible at (925) 609-7900 or email legalhelp@ccsls.org.

Memory Screening by Senior Helpers. Screenings will held on 2nd Tuesday of each month from 11 a.m.-12 p.m. Call Jenny at Senior Helpers, an AFA CARES affiliate office at 925-677-2150 for information, or, just show up. Open to the public and is at no cost to its attendees.

Notary Services for Adults 50+. Services are provided free of charge from 10a.m. -11a.m. every Wednesday. The first document is free of charge, however, succeeding additional documents are charged prevailing official rates. Drop-Ins are welcome, however, it is encouraged that clients call 925-671-3320 to check if there is a change in the Notary's schedule.

Senior Center Scholarship Program. Scholarship Program is available to adults 50+ residing in Concord who wish to participate in the Senior Center Program. Approved applicants receive a maximum of \$100 per individual, per year with \$5 co-pay. Complete application, activity choice and supporting documents to center staff for review. Applicant will be notified when scholarship has been approved.

Senior Peer Counseling by Contra Costa Health Services. Offers free and confidential one-on-one counseling sessions or Adults 55+ every other Tuesday from 9:30-11:30 a.m. starting on September 7, 2021. Call 925-521-5653 for an appointment. Counselor speaks English and Spanish.



The Concord Senior Center partners with non-profit agencies in expanding services to meet the needs of the 50 & Better community. This joint effort is vital to serving the entire community. Call the Concord Senior Center at **(925) 671-3320** for an appointment or for more information between or email: concordsc@cityofconcord.org.

Concord Senior Center ~ 2727 Parkside Circle, Concord, CA 94519