



## Disaster Supplies Kit

The following are some suggestions for preparing a Disaster Supplies Kit. This kit is an important step in preparing your family for any type of emergency. Remember to rotate supplies to maintain freshness.

**Water:** Store in plastic containers such as soft drink bottles. Plan on storing 1 gallon of water per person per day.

**Food:** Store at least a 3-day supply of nonperishable food. Select foods that require no refrigeration, minimal preparation or cooking, and little or no water. For example - ready-to-eat canned meats, fruits and vegetables.

**First Aid Kit:** Assemble a first aid kit for your home and one for each car. The kits should include, at a minimum:

- Sterile adhesive bandages in assorted sizes
- Assorted sizes of safety pins
- Cleansing agent/soap
- Latex gloves
- Sunscreen
- Non-prescription drugs
- Roller bandages
- Scissors
- Tweezers
- Needle
- Moistened towelettes
- Antiseptic
- Thermometer
- Tubes of petroleum jelly or other lubricant

### **Tools and Supplies:**

- Paper cups, plates, plastic utensils
- Emergency preparedness manual
- Battery-operated radio and extra batteries
- Flashlight and extra batteries
- Some cash and change
- Non-electric can opener and utility knife
- Fire extinguisher - small canister ABC type
- Tent
- Pliers
- Tape
- Matches in a waterproof container
- Aluminum foil
- Plastic storage containers
- Paper, pencil
- Needles, thread

- Medicine dropper
- Shut-off wrench, to turn off household gas and water
- Plastic sheeting
- Map of the area

**Sanitation:**

- Toilet paper, towelettes
- Soap, liquid detergent
- Personal hygiene items
- Plastic garbage bags and ties
- Plastic bucket with tight lid
- Disinfectant
- Household chlorine bleach

**Clothing and Bedding:**

- At least one complete change of clothing and footwear per person
- Sturdy shoes or work boots
- Rain gear
- Blankets or sleeping bags
- Hat and gloves
- Thermal underwear
- Sunglasses

**Special Items:** Remember family members with special requirements, such as infants and elderly or disabled persons. For example, baby formula, bottles, diapers, medications, denture needs, extra eyeglasses, prescription drugs).

**Important Family Documents:** Keep these records in a waterproof, portable container.

- Will, insurance policies, contracts deeds, stocks and bonds
- Passports, social security cards, immunization records
- Bank account numbers
- Credit card account numbers and companies
- Inventory of valuable household goods, important phone numbers
- Family records, such as birth, marriage, death certificates

**Pets:** Don't forget to have adequate supplies of food and water on hand for your pets. Also, make sure you have a leash and pet carrier available.

**Financial:** Establish an up-to-date file for all benefits received (i.e. Medicare, Medical, Social Security, pension fund, etc.)

Obtain and organize current copies of all financial records (i.e. banking statement, trust accounts, credit reports, stock portfolio with associated values, etc.)