

Concord

City News and Activity Guide



Fall 2013



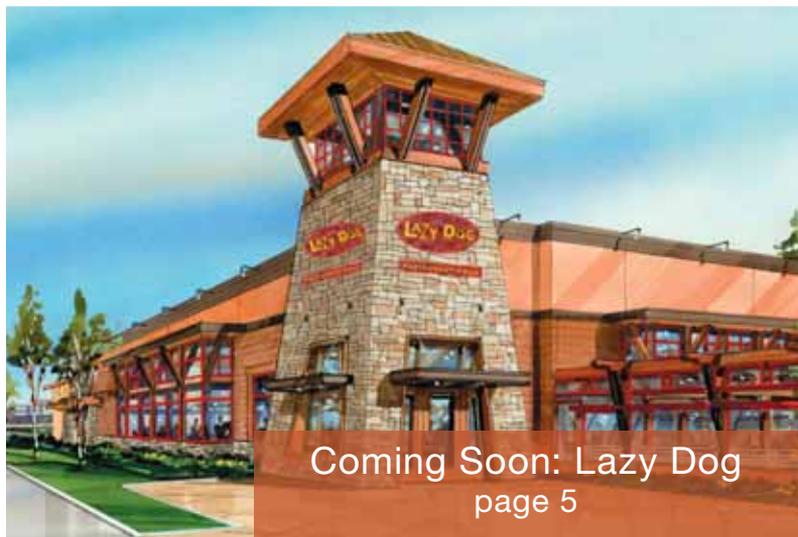
Downtown Patrol Officers
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Healthy Food, Healthy You
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Jazzercise Lite
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Coming Soon: Lazy Dog
page 5

Don't Miss

City of Concord Annual Report and
Parks & Recreation Activity Guide





An Award-Winning City

Concord has reason to celebrate.
In the past year, the City has been recognized
with a number of prestigious awards.

Concord Naval Weapons Station

The Concord Reuse Project for the former Concord Naval Weapons Station was recognized by the Northern California Chapter of the American Planning Association with a 2012 Merit Award for Green and Sustainable Planning. The Reuse Plan also earned a Visionary Leadership award from East Bay Housing Organizations. Save Mt. Diablo awarded the City its Mountain Star Alliance Award for “incredibly visionary leadership” in preparation of the reuse plan. Most recently, Sustainable Contra Costa recognized the project with its “Smart Growth” Award for 2012.

Meadow Homes Spray Park

Meadow Homes Spray Park received an Agency Showcase Award from the California Park & Recreation Society, District 3, in the category of Outstanding Facility/Park as well as the American Public Works Association (Northern California) Public Works Project of the Year Award in the “Structures” category.

Tree City USA

The City of Concord has been named a Tree City USA by the National Arbor Day Foundation for the 32nd consecutive year to honor Concord’s commitment to its community forest. Concord is also the recipient of a Tree City USA Growth Award for the 15th consecutive year for demonstrating progress in its community forestry program.

Green Business Awards

Concord’s Civic Center, Parks Division, Fleet Management and Printing Services Divisions were recertified as Bay Area Green Business Award winners. To be certified “green,” participants must be in compliance with all regulations and meet program standards for conserving resources, preventing pollution and minimizing waste.

Matteo’s Dream Playground

Concord’s Matteo’s Dream – A Playground for Children of All Abilities - was selected out of the hundreds of Lions Club International projects worldwide as the project that will be featured on the organization’s float for the 125th Annual Tournament of Roses Parade on January 1, 2014 in Pasadena. The parade theme for 2014 is “Follow Your Dreams.”



*Bunkers on the Concord
Naval Weapons Station*



Meadow Homes Spray Park



Parks crew trims trees



Civic Center



Matteo's Dream playground

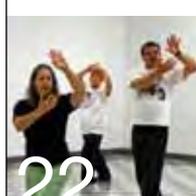


City of Concord

- Daniel C. Helix Mayor
- Timothy S. Grayson Vice Mayor
- Edi Birsan Councilmember
- Laura Hoffmeister Councilmember
- Ronald E. Leone Councilmember
- Thomas J. Wentling City Treasurer
- Valerie Barone City Manager
- Leslye Asera Community Relations Manager and Editor

On the cover: Clockwise from top left

Downtown Patrol Officer Jaime talks with a young family;
 Cooking classes provide healthy options;
 Lazy Dog Restaurant is coming soon to the Willows Shopping Center;
 Fitness classes improve your well-being.



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CONTACT

Web site: www.cityofconcord.org
Events: www.concordfirst.org
Classes: www.concordreg.org
E-mail: cityinfo@cityofconcord.org
Phone: (925) 671-CITY

Americans with Disabilities Act (ADA) Coordinator 671-3031
 Building 671-3107
 Business Licenses 671-3307
 Cable TV
 Astound Broadband 459-1000
 Comcast 1-800-945-2288
 City Council 671-3158
 City Manager 671-3150
 Code Enforcement Hotline 671-3282
 Concord Community Pool 671-3480
 Concord Naval Weapons Station Reuse Project 671-3001
 Downtown Hotline 671-3464
 Economic Development 671-3355
 Engineering 671-3361
 Flood Zone Inquiries 671-3425
 Garbage Collection 682-9113
 Graffiti Hotline 671-3080
 Housing 671-3370
 Mayor 671-3158
 Permit Center 671-3454
 Picnic Site Reservations 671-3404
 Planning 671-3152
 Police and Fire Emergencies 911
 Police/Information 671-3220
 Pothole Hotline 671-3228
 Public Works 671-3448
 Park Maintenance 671-3444
 Recreation/Registration 671-3404
 Sewer Problems 671-3099
 Shopping Cart Hotline 1-800-252-4613
 Sleep Train Pavilion Information 676-8742
 Street Light Outages Hotline 671-3213
 Street Sweeping 671-3448
 Street Trees 671-3445
 Traffic Safety and Signals 671-3132

Recreation Program Locations

Ayers Elementary – 5120 Myrtle Drive 682-7686
 Baldwin Park Bocce Court – 2730 Parkside Circle 671-3320
 Baldwin Park Dance Studio 2790 Parkside Circle
 Baldwin Park Preschool 2790 Parkside Circle
 Camp Concord, South Lake Tahoe 671-2267
 Centre Concord – 5298 Clayton Road 671-3382
 Clayton Valley Bowl – 5300 Clayton Road 689-4631
 Concord Community Park and Pool – 3501 Cowell Road 671-3474
 Concord Library – 2900 Salvio St. 646-5455
 Concord Senior Center – 2727 Parkside Circle 671-3320
 Diablo Creek Golf Course – 4050 Port Chicago Highway 686-6262

Highlands Elementary – 1326 Pennsylvania Blvd. 685-4202
 K.O. Taekwondo – 2290 Willow Pass Rd. 405-5301
 Lime Ridge Center – 3701 Treat Boulevard
 Monte Gardens Elementary – 3841 Larkspur Drive 685-3834
 Mt. Diablo Elementary – 5880 Mt. Zion Drive 672-4840
 Newhall Park – 1351 Newhall Parkway
 Silverwood Elementary – 1649 Claycord Avenue 687-1150
 Village Music School – 1720 Linda Drive, Pleasant Hill 676-8400
 Westwood Elementary – 1748 West St. 685-4202
 Willow Pass Center – 2748 E. Olivera Road 671-3423
 Parks & Recreation Class Registration
 Registration Office 671-3404
 en Español 671-3324

Sports Organizations

Youth Baseball/Softball

Bears Softball Association www.bears-softball.com
 Clayton Valley Little League www.cvll.org
 Concord American Little League www.callbaseball.com
 Concord Lady Hawks www.concordladyhawks.com
 JOBL Baseball & Softball www.eteamz.com/jobl
 Payless Batting Cages 825-7526

Youth Football / Cheerleading

Clayton Valley Athletic Assn www.cvaafalcons.com
 Concord Cobras www.concordcobras.com 270-3242
 Concord Youth Football www.concordyouthfootball.com

Youth Soccer

Concord AYSO 685-AYSO
 Diablo FC www.diablofc.org 798-GOAL
 Liga Latina www.ligalatinaconcord.com
 Mt. Diablo Soccer Association www.mdsoccer.org 672-3373

Adult Soccer

East Bay Senior Soccer www.ebssl.com
 Contra Costa Mixed Soccer 759-5965

Adult Kickball / Softball

Concord Parks & Recreation
 www.teamsideline.com/concord 671-3279
 Rain Hotline 671-3479

Bocce

Concord Bocce Federation www.concordbocce.org

Swimming

Terrapins Swim Team 680-8372

Tennis

Concord Tennis Club 686-1707
 Concord Table Tennis Club
 www.concordtabletennisclub.com 689-7463

Diablo Youth Rugby

<http://diabloyouthrugby.clubspaces.com> 381-5143



Concord at a Glance

Concord at a Glance

Area..... 31.13 sq. miles
 Elevation 72 feet
 Founded..... 1868
 Incorporated..... 1905

Profile

Population 124,500
 Households 45,400
 Household median income... \$63,200
 Median home value..... \$314,600
 Median age 38

Business Profile

Total working residents.... 63,900
 Education beyond high school... 64%

By the Numbers

- Largest city in Contra Costa County
- 8th Largest city in the Bay Area
- 46th Largest city in California
- 27 Parks and playfields
- 379 Acres of developed parkland
- 1,080 Acres of open space
- 7,100 Licensed business
- 4.2 Million square feet of Class A office space
- Ranked as one of America's 50 greenest cities
- Ranked as one of the 100 best places to raise a family.

Letter to Residents

As in past years, City leaders are proud to present this year's Annual Report. Before the recession, the City's Annual Report was distributed as a separate document. To save money, the City combined its City News and Annual Report publications with the Parks & Recreation Activity Guide. This year's abbreviated Fiscal Year 2012-2013 Annual Report provides an overview of some of the past year's more significant projects, budget information and economic development highlights.

The 2012-13 fiscal year saw several important leadership changes for the City of Concord. Concord residents elected Dan Helix and Edi Birsan to the City Council in November 2012, to join Laura Hoffmeister, Ron Leone and Tim Grayson. The City Council officially appointed Valerie Barone as City Manager in April 2013 to replace the departing Dan Keen. She had been serving as Interim City Manager since February 2012.

Councilmembers announced the following four priority areas of focus for the City for the coming year. The areas are listed in no particular order:

- **Long Term Financial Stability and Economic Vitality:** Balanced annual budget and 10-year financial plan; Development of a plan for addressing unfunded liabilities; Enhancement of the economic vitality of Concord; Progress on Developing the Concord Naval Weapons Station
- **Public Safety:** Focus all City departments on public safety; Reduce criminal activity in Concord, paying special attention to homeless-related criminal activity and juvenile-related criminal activity.
- **Infrastructure Maintenance:** Maintain existing infrastructure and facilities in a safe and operational condition; Development of a plan to address sewer district needs; Development of a plan to address street maintenance needs; Identification of backlogged infrastructure and facility maintenance needs.
- **Organizational Health & Employee Success:** Timely and effective performance evaluations; Adoption of policies addressing key personnel and legal needs; Employee recognition and networking.

We present this Annual Report to you, the residents and business owners of Concord, as part of the City's on-going commitment to transparency and accountability. If you have questions, please contact Community Relations Manager Leslye Asera, (925) 671-3272, Leslye.Asera@cityofconcord.org.

Respectfully,
 Mayor, City Council, City Treasurer
 City Manager
 City Attorney
 City Employees

2012-13 Project Highlights



Volunteers participating in the Parks Steward Program include, left to right, Dorothy Ziolko, Rodney Scheer and Gina Scheer.

Parks Steward Program

Concord Police and Parks staff created a new Parks Steward Program to help manage the City's 27 parks and playgrounds, which are spread over almost 32 square miles. The program, coordinated through Volunteers in Police Services (VIPS), was created to maintain a presence in Concord parks. The stewards, who work in teams of two, have become ambassadors, educators, and outreach workers, and have been invaluable in improving the park experience for all Concord residents.

Operation Wheel Lock

The Concord Police Department launched Operation Wheel-Lock, a project to distribute free anti-theft security devices, known as The Club, to owners of the most stolen cars in Concord. Residents or individuals who work in Concord and own an operable 1985-2005 Honda, Nissan, Toyota, or Acura passenger car were invited to pick up a free Club. In the first week, more than 350 of the devices were distributed to eligible drivers. Residents can still participate by visiting the Police Department at 1350 Galindo Street or calling (925) 671-3220.

Capital Improvement Projects

The City completed the design and construction of a number of capital projects in 2012-13. The most notable include Willow Pass Park athletic field lights, Concord Boulevard pavement rehabilitation (Sixth Street to Bailey Road), Port Chicago pavement rehabilitation (Olivera Road to Panoramic Drive), two traffic signals at Arnold Industrial/Laura Alice Way and Clayton Road/The Alameda, and various energy-efficiency lighting and HVAC projects throughout the City.

Newhall Park playground

A new playground feature was added to Newhall Community Park, near Clayton Road. The Parks, Recreation and Open Space Commission had been working for some time to make the park a reality, as there are a number of condominiums and apartment complexes nearby with families with small children. The new playground has been heavily used since it was installed in April.

ADA Sidewalk at Dave Brubeck Park

A new ADA compatible sidewalk was installed at Dave Brubeck Park. The 10-foot wide sidewalk replaced a three-foot wide gravel path. The park is often used by wheel-chair-bound residents of an adjoining senior healthcare center and by the special needs class at Concord High School. The new sidewalk allows everyone to safely use the park.

Shopping Cart Recovery Program

A new shopping cart recovery program was launched to make it easier for residents to rid neighborhoods of abandoned carts. Lost and abandoned shopping carts are now picked up from street corners and residential neighborhoods by a private contractor (California Shopping Cart Retrieval Corporation) and returned to the stores that own them. Residents can report an abandoned cart by calling 800-252-4613, sending an email thorough www.cartretrieval.net, or using an Apple iPhone app called Cart Snap available at the Apple App Store or from the company's website.

Change 4 Real Change

Change 4 Real Change, a program designed to support services for the homeless in Concord and discourage panhandling, was launched through a partnership that included the City, Project Hope, Central County Homeless Outreach, Mechanics Bank, volunteers and other stakeholders. Volunteers distributed collection jars to local businesses and encouraged the public to donate spare change at these collection sites as an alternative to giving the change to homeless individuals.



Project Highlights continued on page 8

Economic Development Spotlight

Concord saw an increase in economic development activities in the last year with significant numbers of Concord businesses expanding and new businesses moving into the city. With the uptick in the economy, Concord's pro-business environment, lower cost of doing business and central location have resulted in overall improvement in most of its business sectors including Class A office space, where vacancy rates continue to fall.

The City worked directly in support of Concord's auto dealers and hotel operators in the last year. Sales tax from auto sales represents the City's largest retail revenue source. Concord has 17 new car dealers offering 23 brands. The auto dealers generated more than \$500 million in sales from October 2011 through September 2012, an increase of approximately 20 percent over the previous year.

The dealers partnered with the City on two highly visible projects. The first project was the launch of the "Concord Has the Cars for You" campaign, which includes a TV and radio campaign and website at www.concordhasthecarsforyou.com.

The second project was branding the area as an Auto District and installing a new directional signage program to point car shoppers to the District. The dealers pooled their funds, the City installed the signs, and 31 custom-made blue and white Auto District way-finding signs and 33 accompanying street name signs on traffic signal and streetlight poles now brand the area.

The City teamed up with nine hotel operators to create a new Concord Tourism Improvement District with the goal of attracting more conferences, groups and vacationers to Concord. Visitors will pay an additional 3% for lodging; the money will fund marketing and sales promotions to boost tourism. Additional room nights at local hotels increase Transient Occupancy Tax revenue for the City, create employment opportunities and support local businesses and restaurants.



Lucille's BBQ is now open at Sunvalley Shopping Center.

The following projects are some of the more visible additions to the business community:

- Lucille's BBQ opened its only Bay Area location at Sunvalley Shopping Center. This investment included a total teardown and reconstruction of the restaurant space at the former Fresh Choice location.
- Lazy Dog Café is under construction at the Willows Shopping Center on the former site of El Torito Restaurant. With 12 restaurants in Southern California, the Concord restaurant will be the first Northern California location. It is expected to open by the end of the year.
- Fresenius, the world leading provider of dialysis services and products, is relocating its operations from Walnut Creek to Concord and expanding the former Siemens Medical Manufacturing facility in North Concord. This represents 400 jobs in the medical manufacturing sector.
- WCSI Lending, a multi-investor mortgage banker, leased 24,000 square feet at Swift Plaza (former BofA Technology Center) in downtown Concord.
- Genworth, a leading financial security company, is moving its wealth management and financial advisor services to downtown Concord and will occupy approximately 50,000 square feet with an estimated 350 employees in Swift Plaza.
- Concord Honda moved into the former Expo Design Center building on Concord Avenue, providing a larger facility than their previous location allowing them to become the number one Honda dealer in Northern California.



Auto District signs brand the area where car dealers are found.

Budget Overview

Each year, the City of Concord must have in place a balanced budget that provides essential services and meets the needs of the community. On June 25, 2013, the City Council adopted balanced operating and capital budgets that authorized the expenditure of \$127,575,502 to operate City government from July 1, 2013 through June 30, 2014. The programs and services that were authorized in these budgets align to the City Council's priority focus areas for the Fiscal Year (FY) 2013-14. These are (not in priority order):

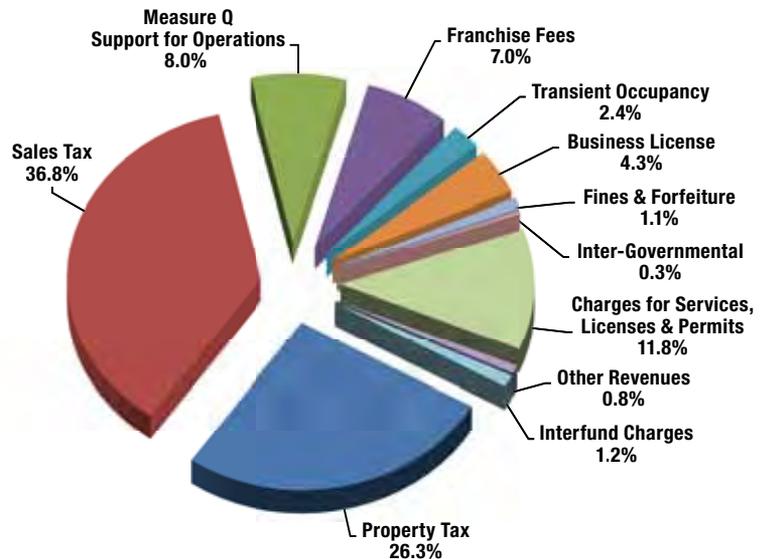
- Long Term Financial Stability and Economic Vitality
- Public Safety
- Infrastructure Maintenance
- Organizational Health & Employee Success

General Fund

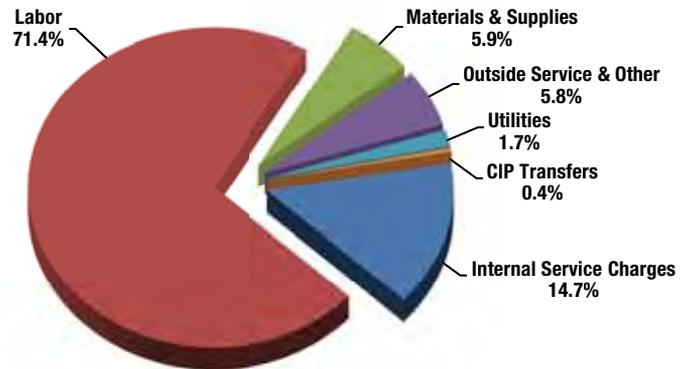
The General Fund is the section of the budget that is most often discussed and is generally of most interest to residents. Concord's adopted General Fund budget for FY 2013-14 is \$79,215,663.

The General Fund represents the majority of the City's budget. General Fund revenue comes from taxes, licenses, state shared revenue distributions and charges for municipal services. Expenditures from the General fund pay for basic municipal services such as police, parks and recreation, and street maintenance as well as day to day operations. Because the City as a service organization that relies on staff to provide these services to its resident, labor is the primary General Fund expenditure category.

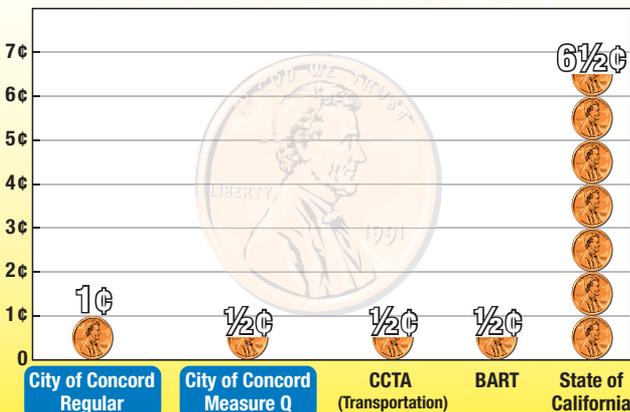
General Fund Revenue by Source
\$79,215,663



General Fund Expenditures by Category
\$79,215,663



Per \$1.00 of Sales Tax



Sales Tax Revenue

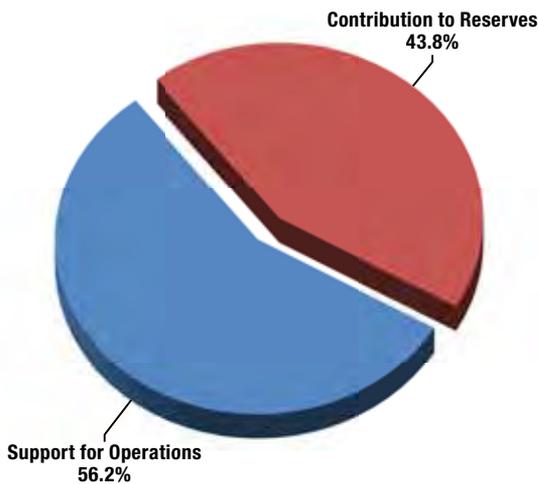
Shoppers in Concord pay sales tax of 9%, or 9 cents for every dollar spent. The City receives one-and-a-half cents of that amount. The one cent is the City's standard sales tax; the half cent is revenue from Measure Q, the sales tax measure passed by voters in 2010 to preserve core services that were at risk of being cut due to the recession. Measure Q sunsets in March 2016. The other 7 1/2 cents goes to the State, county and other agencies.

Measure Q Sales Tax

On November 2, 2010, the voters of Concord passed Measure Q, establishing a temporary half-cent use and transactions tax for five years, which sunsets on March 31, 2016. The infusion of this temporary revenue stream has helped to protect core services and rebuild the City’s reserves which were depleted during the Great Recession. While revenues are increasing, the City’s non-Measure Q revenues are not sufficient to cover expenses. As a result, the FY 2013-14 General Fund budget is dependent on the use of \$5.8 million dollars of Measure Q revenue to balance revenues against expenditures. The remaining Measure Q revenue is allocated to the City’s reserve and the designated Measure Q reserve for use after March 2016 (when Measure Q expires).

Use of Measure Q Sales Tax Revenue

Measure Q Revenue Total
\$10,558,000



On the Horizon: Future General Fund Fiscal Challenges

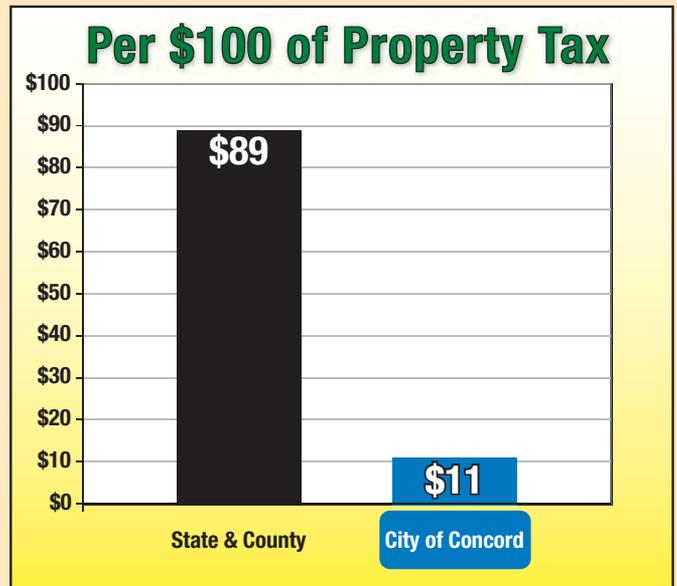
The City of Concord, as with most local governments in California, has significant fiscal challenges ahead. The good news is that the economy is showing signs of recovery. Nevertheless, in the coming years, the City will be impacted by the expiration of Measure Q. To this end, the Adopted 10-Year Financial Plan includes undefined budget stabilization actions that have a total value of \$1.8 million to begin in FY 2016-17, after Measure Q expires. Budget stabilization actions may include cost reductions, service reductions or additional revenue. Every year, the 10-Year Financial Plan is updated to reflect current data. This planning tool assists the City Council in making prudent choices about Concord’s fiscal future.

State takeaways and the impact to the City’s budget

During the recession of the 1990s, the State of California diverted property taxes intended for cities in order to balance its budget. More than \$25 million has been taken from Concord’s General Fund – most through the Educational Revenue Augmentation Fund or ERAF, which is an accounting mechanism that allows the state to transfer City property tax monies to the schools and releases the State from its obligation to fund education.

Today, the City receives only \$11 out of every \$100 paid in property tax. The remaining \$89 goes to the State, County, and other taxing authorities for schools, jail, courts, social services and special districts.

In the latest recession that began in FY 2007-08, commonly referred to as the “Great Recession,” the State eliminated local Redevelopment agencies statewide. For Concord, this meant the dissolution of an agency with an annual budget of approximately \$17 million that was dedicated to improving economic development and revitalizing specific districts within the City of Concord.



The City receives only \$11 out of every \$100 paid in property tax.

2012-13 Project Highlights *(continued)*

Making Connections

The City facilitated the launch of Next Door, an online program to connect residents in neighborhoods with each other. The program, available at www.nextdoor.com, now has over 20 neighborhoods participating and 100 members.

A community engagement website was used to collect input from residents and business owners on a number of issues including how to improve neighborhoods and the downtown area, and how to make streets more pedestrian and bike friendly. The information will be used in the development of the Downtown Specific Plan.

The City launched a COG (Community Oriented Government) Team with the mission to increase partnerships, develop relationships within the community, and empower community groups to solve problems. Residents and business owners who have identified a community-wide issue that impacts the quality of life in Concord and are interested in working with the team can find out more by visiting www.cityofconcord.org/COG.

Convenient Bike Racks

The City installed bicycle racks in 15 convenient locations last year, and created a webpage to help riders find them at www.cityofconcord.org/bike. Together, the racks can accommodate more than 100 bicycles. A map on the webpage shows type of rack, maximum number of bikes that can be accommodated and the address.



Fighting Copper Thefts

A significant issue in the past several years has been copper theft. Since 2007, the City has spent more than \$1 million to repair and replace copper wiring and fixtures stolen from City parks, streetlights, Civic Center and even Camp Concord in South Lake Tahoe. Staff worked with recycling centers to catch the thieves, and has upgraded ground boxes to make them tamper-proof. A new project was undertaken to use tracking technology in fighting this very expensive crime.



Police Officers Todd Stroud and Michael Jaime check in with a vendor at the Farmers' Market.

Grant for Downtown Patrol Officers

Concord received a \$69,000 grant from the Brenden Mann Foundation to fund downtown police bike and foot patrols on Thursday through Sunday evenings in the summer and on Friday and Saturday evenings in the winter months. In addition to ensuring public safety, the officers collaborate with business owners, downtown stakeholders, and other City departments to resolve quality of life issues. The officers also work with local homeless outreach organizations to offer shelter and services to the homeless, and lessen their impact on local businesses.

New Sandbag Station at Corp Yard

Public Works built a new sandbag station at the City Corporation Yard, 1455 Gasoline Alley. During the rainy season, residents can access the station and fill sandbags at their convenience. In the past, sandbags were only available during business hours. A supply of already filled sandbags will still be available for the elderly and handicapped through the Public Works office.

Crossing Guard Training

The City will discontinue subsidies for crossing guards at ten locations over the next two years. In anticipation of this deadline, the Police Department developed a program to train volunteer parents to replace the crossing guards. More than 60 parents and volunteers have been trained at Ayers Elementary, Cambridge Elementary and Meadow Homes Middle School. Parents interested in pursuing this training should contact Lt. Bill Roche, (925) 603-5872.

ACTIVITY GUIDE



ACTIVITY GUIDE LISTINGS ARE SUBJECT TO CHANGE

FALL 2013 PRESCHOOL CLASSES

Walk-In Registration Only!

10 a.m.-12 p.m. and 1-3 p.m. ■ Willow Pass Center, 2748 E. Olivera Rd. Concord, CA 94519
 10 a.m.-12 p.m. and 1-3 p.m. ■ Centre Concord, 5298 Clayton Rd., Concord, CA 94521

Preschool Age 2

Your child will experience fun interaction and play with other 2-year-olds. They have the opportunity to develop language and gain valuable social skills. As well as participating in age appropriate songs, crafts, structured and unstructured play.



Preschool Age 3

Through age appropriate fun songs, crafts, games and supervised play with other 3-year-olds, children have the opportunity to develop and build friendships, as well as, independent social and academic skills.



Preschool Age 4

Your child will learn important life and pre-academic skills through fun activities and programs. Each child will have the opportunity to learn their numbers, colors, shapes, calendar and days of the week. By the time children graduate they are well on their way to kindergarten with many fond memories of preschool.

Requirements:

- 2-year-olds must be age 2 by September 1, 2013.
- 3-year-olds must be age 3 by October 1, 2013.
- 4-year-olds must be age 4 by October 1, 2013.
- *3 and 4-year-olds must be toilet trained.

A \$35 non-refundable processing fee and a non-refundable first month's tuition payment are due at the time of registration. The remaining 8 tuition installments are due by the 20th of each month from September 2013-April 2014. There is a \$75 cancellation and withdrawal fee for program.

Monthly Fees:

- 2-day classes \$125R/\$130NR
- 3-day classes \$189R/\$194NR

Parent Involvement:

Parents in all classes are asked to bring a healthy snack for the whole class once every other month.

Some classes may be full at this time.

For more information, please call the registration office at 671-3404.

BALDWIN PARK 2790 PARKSIDE CIRCLE

3 Year Olds – Melissa Gardner

Session	Days	Time	Course
Sep 4-May 16	M, W, F	9-11:30 a.m.	#91433
Sep 3-May 15	Tu, Th	9-11:30 a.m.	#91434

4 Year Olds – Gina Murdock

Session	Days	Time	Course
Sep 3-May 15	Tu, Th	9-11:30 a.m.	#91440
Sep 4-May 16	M, W, F	9-11:30 a.m.	#91439

4 Year Olds – Melissa Gardner

Session	Days	Time	Course
Sep 4-May 16	M, W, F	12-2:30 p.m.	#91441

CENTRE CONCORD 5298 CLAYTON ROAD

2 Year Olds – Beth Severa

Session	Days	Time	Course
Sep 3-May 15	Tu, Th	9-11:30 a.m.	#91428
Sep 3-May 15	Tu, Th	12-2:30 p.m.	#91429
Sep 4-May 16	M, W, F	9-11:30 a.m.	#91427

3 Year Olds – Beth Severa

Session	Days	Time	Course
Sep 4-May 16	M, W, F	12-2:30 p.m.	#91431

3 Year Olds – Sean Berry

Session	Days	Time	Course
Sep 3-May 15	Tu, Th	9-11:30 a.m.	#91432
Sep 4-May 16	M, W, F	9-11:30 a.m.	#91430
Sep 3-May 15	Tu, Th	12-2:30 p.m.	#91435

4 Year Olds – Sonja Stanley

Session	Days	Time	Course
Sep 3-May 15	Tu, Th	9-11:30 a.m.	#91438
Sep 3-May 15	Tu, Th	12-2:30 p.m.	#91442
Sep 4-May 16	M, W, F	9-11:30 a.m.	#91436
Sep 4-May 16	M, W, F	12-2:30 p.m.	#91437

ARTS AND CRAFTS

Eric Carle Workshop

Come explore the world of Eric Carle as we read different Eric Carle books then draw a lesson incorporating one aspect of the book we just enjoyed reading. Our creativity and imagination will play together as we create wonderful drawings of creatures like a caterpillar, a ladybug, and crab. A \$15 materials fee is payable at the first class.

Age: 4-6 ■ Centre Concord ■ Young Rembrandts

Session	Day	Time	Fee	Course
Oct 1-29	Tu	10-11:30 a.m.	\$92R/\$97NR	#93347
Nov 5-Dec 10	Tu	10-11:30 a.m.	\$92R/\$97NR	#93376

FUNdamental Drawing

FUNdamental drawing teaches children to follow directions, increase their attention span and grow self-confidence so they will be successful in kindergarten. Learn to draw with our step-by-step method and increase fine motor skills, handwriting readiness and attention to detail. No prior art class experience necessary. All materials are supplied by Young Rembrandts. New lessons each class and each session.

Age: 4-6 ■ Centre Concord ■ Young Rembrandts

Session	Day	Time	Fee	Course
Oct 2-30	W	10:30-11:30 a.m.	\$78R/\$83NR	#93348
Nov 6-Dec 11	W	10:30-11:30 a.m.	\$78R/\$83NR	#93377

DANCE, MUSIC AND PERFORMING ARTS

Singing Class-Princess Songs

Students will step into the shoes of musical royalty and sing songs of timeless animated fairytales. Each princess will build strong voices and fond memories of a magical age. Students receive a tote filled with musical and Princess accessories and are encouraged to arrive in their Princess attire. A \$15 materials fee is payable to instructor.

Age: 3-6 ■ Village Center for the Arts ■ Village Music School

Session	Day	Time	Fee	Course
Sep 28-Nov 2	Sa	11-11:50 a.m.	\$110R/\$115NR	#93340
Nov 9-Dec 14	Sa	11-11:50 a.m.	\$110R/\$115NR	#93341

Piano Steps

Students will explore the world of music and piano using the 'BIG' piano mat! Piano Steps teaches basic music and piano fundamentals while participants have a blast 'stepping' out melodies on the floor piano!

Age: 3-6 ■ Village Center for the Arts ■ Village Music School

Session	Day	Time	Fee	Course
Sep 28-Nov 2	Sa	10-10:40 a.m.	\$110R/\$115NR	#93338
Nov 9-Dec 14	Sa	10-10:40 a.m.	\$110R/\$115NR	#93339

ENRICHMENT

Busy Bee Cooks

Children have FUN while they learn the Life Skill of cooking. Your chefs will enjoy eating and sharing with the whole family, their delicious, healthy creations. We learn basic nutrition, shopping and reading food labels. Children are taught food, kitchen appliance safety. A non-refundable \$16 materials fee is payable at the first class.

Age: 4-5 ■ Centre Concord ■ Cooking with Kids Foundation

Session	Day	Time	Fee	Course
Sep 26-Oct 10	Th	3:30-5 p.m.	\$145R/\$150NR	#93324

Little Dragons

Is your child interested in the martial arts? Try this class first. Children participate in fun activities designed to increase attention span, focus and coordination while learning basic skills in preparation for more disciplined training when they are older. \$35 uniform fee is required and payable at the first class. No class November 28.

Age: 3-5 ■ KO Taekwondo ■ Kevin Oliver

Session	Day	Time	Fee	Course
Oct 17-Dec 12	Th	5-5:40 p.m.	\$82R/\$87NR	#93388

Parent and Me Gymnastics

This class is designed for parents and toddlers to enhance your child's motor development skills, balance, coordination, and confidence. Emphasis is placed on developing movement, rolling, climbing, hanging, balance, and jumping in a fun and social environment. This class is filled with fun and challenging motor development activities. Parent participation is required.

Age: 1½-3 ■ Willow Pass Community Center ■ CGS Gymnastic Services

Session	Day	Time	Fee	Course
Sep 4-Oct 9	W	9-9:45 a.m.	\$75R/\$80NR	#93392
Oct 16-Nov 13	W	9-9:45 a.m.	\$63R/\$68NR	#93393
Nov 20-Dec 18	W	9-9:45 a.m.	\$63R/\$68NR	#93394

Tiny Tumblers Gymnastics

Your child will tumble over this one! Class designed to enhance coordination, agility, and confidence. Emphasis is placed on developing beginning gymnastic skills in a fun, social environment. Equipment incorporated include bars, low beams, ladders, trampoline, barrel, incline mats, tunnels, rings and music games. This is *NOT* a parent participation class.

Age: 3-5 ■ Willow Pass Community Center ■ CGS Gymnastic Services

Session	Day	Time	Fee	Course
Sep 4-Oct 9	W	9:45-10:30 a.m.	\$75R/\$80NR	#93395
Oct 16-Nov 13	W	9:45-10:30 a.m.	\$63R/\$68NR	#93396
Nov 20-Dec 18	W	9:45-10:30 a.m.	\$63R/\$68NR	#93397

R = Concord Resident NR = Concord Non-Resident



YOUTH SPORTS

Kidz Love Soccer

Kids learn the world's most popular sport from professional coaches in a recreational, non-competitive environment. A typical session experience includes age-appropriate activities, skill demonstrations, fun games and instructional scrimmages.

Tot Soccer

Age: 3½-4 ■ Newhall Park ■ Kidz Love Soccer

Session	Day	Time	Fee	Course
Sep 21-Nov 16	Sa	10:10-10:40 a.m.	\$96R/\$101 NR	#93403

Tot/Pre-Soccer

Age: 3½-5 ■ Concord Community Park ■ Kidz Love Soccer

Session	Day	Time	Fee	Course
Sep 19-Nov 14	Th	3:40-4:15 p.m.	\$96R/\$101 NR	#93407

Age: 3½-5 ■ Newhall Park ■ Kidz Love Soccer

Session	Day	Time	Fee	Course
Sep 23-Nov 18	M	10:10-10:45 a.m.	\$96R/\$101 NR	#93404
Sep 23-Nov 18	M	3:05-3:40 p.m.	\$96R/\$101 NR	#93405

Pre-Soccer

Age: 4-5 ■ Newhall Park ■ Kidz Love Soccer

Session	Day	Time	Fee	Course
Sep 21-Nov 16	Sa	10:40-11:15 a.m.	\$96R/\$101 NR	#93409

Soccer 1

Age: 5-6 ■ Concord Community Park ■ Kidz Love Soccer

Session	Day	Time	Fee	Course
Sep 19-Nov 14	Th	4:15-5 p.m.	\$96R/\$101 NR	#93408

Age: 5-6 ■ Newhall Park ■ Kidz Love Soccer

Session	Day	Time	Fee	Course
Sep 21-Nov 16	Sa	11:15 a.m.-12 p.m.	\$96R/\$101 NR	#93410
Sep 23-Nov 18	M	3:40-4:25 p.m.	\$96R/\$101 NR	#93406

Kidz Love Soccer Skillz and Scrimmages

Kids ages 7 to 10 will enjoy advanced skill building in a team play format. Attention is paid to both individual skill development and positional play. Each class will include small-sided scrimmages to improve team tactics, positions and finer technical skills. All skill levels are welcome and all participants will receive a Kidz Love Soccer jersey!

Age: 7-10 ■ Newhall Park ■ Kidz Love Soccer

Session	Day	Time	Fee	Course
Sep 23-Nov 18	M	4:25-5:10 p.m.	\$106R/\$111 NR	#93399

Mommy/Daddy and Me Soccer

Introduce yourself and your toddler to the 'World's Most Popular Game'! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field so don't just watch from the sidelines.

Age: 2-3½ ■ Concord Community Park ■ Kidz Love Soccer

Session	Day	Time	Fee	Course
Sep 19-Oct 17	Th	5:15-5:45 p.m.	\$55R/\$60 NR	#93401

Age: 2-3½ ■ Newhall Park ■ Kidz Love Soccer

Session	Day	Time	Fee	Course
Sep 21-Nov 16	Sa	9:30-10 a.m.	\$96R/\$101 NR	#93402
Sep 23-Nov 18	M	9:30-10 a.m.	\$96R/\$101 NR	#93400



Help enhance the life of an underprivileged child, join Friends of Camp Concord today!



For membership information, please call the Camp Concord Office at (925) 671-3006 or download additional information from our web page at www.cityofconcord.org/recreation/camp/campfocc.htm



4050 Port Chicago Highway
Concord, CA 94520
(925) 686-6267
www.diablocreekgc.com

SWING INTO FALL with a golf tune-up or learn to play golf with lessons from one of our qualified instructors!

Custom Club-Fitting Center

Come try out the newest golf product and be personally fit by one of our certified instructors. We carry all major brands. Call today to set an appointment.

Group Classes

Bring a friend, co-workers, or just join a class. Lessons are 1 hour each and are conducted in 5-week sessions.

Cost per person:

- Four (4) or more adults – \$85.00 per person
- Three (3) adults – \$100.00 per person
- Two (2) adults – \$125.00 per person

Private Lessons

- 30-minute sessions are \$40 per lesson or \$200 for six (6) lessons
- Seniors 55 & up are \$35 per lesson or \$175 for six (6) lessons
- Four (4) private lessons and 1 on course playing lesson for \$225 (cart and green fees included)

Lighted driving range open until 10 p.m., 7 days/week and full-service Pro Shop.

The First Tee of Contra Costa

The First Tee is a non-profit youth program established to teach Life Skills and instill Core Values through the game of golf in a year-round Golf Program for boys and girls.

The First Tee Program consists of golf skills, games and challenges, life skills education, golf etiquette and golf rules. All participants (ages 7 and up) enter the program at our PLAYER level and advance through the levels, PAR, BIRDIE and EAGLE by mastering the skills and concepts presented at each level. Target classes are available to participants ages 5-6.

Fall Session: September 21 to December 5, 2013

Fall Session Fees: Pre-registration Fee of \$79 or \$89 on-site registration for one day per week (includes enrollment in the NCGA Youth on Course program).

Target Program – Boys & Girls 5-6 years old Fee \$75 one day per week (not eligible for the NCGA membership).

**Fee assistance available.*

Please visit the homepage of www.thefirstteecontracosta.org to see our schedule of classes for the Fall Session.

VOLUNTEERS NEEDED. PLEASE CONTACT US!

See how you can become part of this rewarding program. Donations to our fee assistance program are always appreciated.



Ask about our Fee Assistance Program

For more information, call (925) 466-6701
angela@thefirstteecontracosta.org
www.thefirstteecontracosta.org
4050 Port Chicago Highway
Concord CA 94520



RDS

REGIONAL DEVELOPMENT SCHOOL

Earthquakes Skill Development
Program for Girls & Boys age 5-10

Programs are designed to bring professional experience and guidance to youth soccer players across Northern California. The Earthquakes' professional coaching staff has created a curriculum to build the necessary FUNDamentals for your child to develop as a soccer player and continue to grow in their love for the sport.

Days & Dates:

Fall - Fridays, Sept. 13 - Nov. 1

Winter - Mondays & Thursdays, Jan. 13 - Feb. 13

Times:

5 p.m. - 6 p.m.

Locations:

Fall

Boatwright Sports Complex, Concord

Winter

Willow Pass Park, Concord

Eligibility:

Girls & Boys (ages 5-10)

Cost:

\$125 for 1 season

\$225 for 2 seasons

Earthquakes RDS Professional Coaching Staff

- **Adam Cooper:** Saint Mary's College Men's Soccer Head Coach, Former Professional Player, NCAA National Champion (UCLA), NSCAA Advanced National Diploma
- **Scott Alexander:** Former NCAA Women's Coach (Saint Mary's College & CSU Fullerton), Former Professional Player, NSCAA Premier Diploma
- **Tafa:** Former Member of Brazilian Olympic SoccerTeam, USSF 'B' License

Each participant will receive:

- Instruction from SJ Earthquakes Professional Staff Coaches
- 8 - 10 Training Sessions
- Ticket to SJ Earthquakes Game
- SJ Earthquakes Training Kit (Jersey, Shorts, & Socks)

To Register, visit us at:

www.DiabloFC.org
or Contact Brian Voltattorni at (925) 212-8460
for more information

YOUTH

Afterschool Enrichment

The City of Concord Parks & Recreation Department in cooperation with the Mt. Diablo Unified School District is offering After School Enrichment classes at select elementary schools in Concord. A wide variety of fun and exciting recreation classes are offered for children in grades 1st-5th. Benefits include increased self-esteem, new skills and abilities, improved social skills, higher school performance, and encouraging life long learning. Thank you for choosing Concord Parks & Recreation Department and the After School Enrichment Program. For Safety Reasons and to sign waiver, **PARENTS MUST COME INTO CLASSROOM** and pick up students, **AFTER EVERY CLASS**. No class November 11 and 25-29.

See course grid on page 15 for dates, times, locations and costs.

Mad Science: Extraordinary Earth

See how plants turn sunshine into power and their role in the air we breathe. Discover the importance of weather and how it affects us. Learn to protect yourself from UV rays - take home your own UV light detector keychain! Investigate the power of magnetic force! Learn about magnetic fields and test strength against an electro-magnet. Uncover how rocks and gems are formed and peek beneath the earth's crust. Find out how fossils are made; take home your own "fossilized" shark tooth. Students also test their earthquake knowledge with a shake table experiment and erupt their very own volcanoes in class!

After School Flag Football

This class provides experienced instructors who bring valuable knowledge and youthful enthusiasm to the game. Join One on One for a one hour clinic, once a week, for you and your friends. These clinics will help you become a better player through drills, contests, and game competition.

Play-Well TEKnologies (Legos)

Design and build motorized machines, catapults, pyramids, demolition derby cars, truss and suspension bridges, buildings and other constructions out of LEGO® bricks. Explore physics, mechanical engineering, structural engineering, and architecture while playing with their favorite creations. This hands-on and minds-on class is suitable for LEGO® novices to 'maniacs'. Projects tailored to the age and skill level of the group.

After School Lacrosse

Your child will learn to play lacrosse, improve skills and learn helpful new ones. Join the Coaches of One on One Sports in practice drills teaching proper techniques for cradling, passing, and shooting. Also learn proper defensive and offensive strategies. In a pressure-free environment we focus on teamwork and fun! All levels, boys and girls welcome.

Gymnastics

Develop strength, flexibility, agility, and confidence while having fun in a non-competitive environment, beginning and intermediate gymnastics and tumbling skills taught. Learn the basics of all gymnastic events including vaulting skills, bar and balance beam. Strength and flexibility exercises with fun and challenging games are included. Mats and gymnastic equipment provided.



After School Hoops

Aspiring young players will receive fundamental skills instruction with organized team competition, with the goal of providing an enjoyable and educational athletic event. Players improve their individual skills such as passing, dribbling, shooting, rebounding, and defending while learning the framework of a team. Boys and girls of any skill level are encouraged to participate.

Cartoon Drawing

For all kids who need to stay engaged and laughing, our cartooning classes are surely the most fun you can have while learning! Creating drawings that tell a story also help kids to stay on-task, learn from their mistakes, find new solutions to a problem and communicate ideas and concepts through pictures.

Peer Piano

Let's get ready for Band! This class is a great way to introduce piano to your 4th and 5th grade child in a fun, supportive environment. Students will learn piano basics while they are introduced to a new song every class. Students will compose, rehearse, and perform their music. \$10 materials fee for a music book.

R = Concord Resident NR = Concord Non-Resident

AFTER SCHOOL ENRICHMENT

Ayers Elementary School

Class	Course	Ages	Instructor	Dates	Day	Time	Fee
After School Lacrosse	#1450	6-11	One on One Sports	Sep 25-Nov 13	W	12:45-1:45 p.m.	\$89R/\$94NR
Cartoon Drawing	#1451	7-11	Young Rembrandts	Oct 1-Oct 22	Tu	2:20-3:20 p.m.	\$95R/\$100NR

Highlands Elementary School

Class	Course	Ages	Instructor	Dates	Day	Time	Fee
Mad Science							
Extraordinary Earth	#91405	6-11	Mad Science	Oct 1-Nov 5	Tu	2:35-3:35 p.m.	\$125R/\$130NR
After School Hoops	#91406	6-11	One on One Basketball	Sep 27-Nov 15	F	2:35-3:35 p.m.	\$89R/\$94NR
Gymnastics	#91407	6-11	CGS Gymnastics	Oct 2-Nov 6	W	1:10-1:55 p.m.	\$89R/\$94NR
Peer Piano	#93614	9-12	Nadine Petersen	Sep 26-Nov 14	Th	2:35-3:35 p.m.	\$79R/\$84NR

Monte Gardens Elementary School

Class	Course	Ages	Instructor	Dates	Day	Time	Fee
Mad Science							
Extraordinary Earth	#91412	6-11	Mad Science	Oct 2-Nov 6	W	12:50-1:50 p.m.	\$125R/\$130NR
Gymnastics	#91413	6-11	CGS Gymnastics	Sep 30-Nov 4	M	2:50-3:35 p.m.	\$89R/\$94NR
After School Flag Football	#91414	6-11	One on One Basketball	Sep 25-Nov 13	W	12:50-1:50 p.m.	\$89R/\$94NR

Mt. Diablo Elementary School

Class	Course	Ages	Instructor	Dates	Day	Time	Fee
Cartoon Drawing	#91416	7-11	Young Rembrandts	Sep 25-Oct 16	W	12:25-1:25 p.m.	\$95R/95NR
Mad Science							
Extraordinary Earth	#91417	6-11	Mad Science	Sep 30-Nov 4	M	2:40-3:40 p.m.	\$125R/\$125NR
After School Lacrosse	#91420	6-11	One on One Sports	Sep 26-Nov 14	Th	2:40-3:40 p.m.	\$89R/\$89NR
Peer Piano	#93615	9-12	Nadine Petersen	Sep 24-Nov 12	Tu	2:40-3:40 p.m.	\$79R/\$79NR

Silverwood Elementary School

Class	Course	Ages	Instructor	Dates	Day	Time	Fee
Play-Well TEKologies (Legos)	#91421	7-10	Play-Well TEKologies	Oct 3-Nov 7	Th	2:45-4:15 p.m.	\$165R/\$170NR
Cartoon Drawing	#91422	7-11	Young Rembrandts	Oct 23-Nov 13	W	1:30-2:30 p.m.	\$95R/\$100NR

Westwood Elementary School

Class	Course	Ages	Instructor	Dates	Day	Time	Fee
After School Lacrosse	#91425	6-11	One on One Sports	Sep 24-Nov 12	Tu	2:10-3:00 p.m.	\$89R/\$94NR
Cartoon Drawing	#91426	7-11	Young Rembrandts	Sep 25-Oct 16	W	12:25-1:25 p.m.	\$95R/\$100NR
Play-Well TEKologies (Legos)	#91416	7-10	Play-Well TEKologies	Oct 1-Nov 5	Tu	2:10-3:40 p.m.	\$165R/\$170NR
Gymnastics	#91424	6-11	CGS Gymnastics	Oct 4-Nov 8	F	2:10-2:55 p.m.	\$89R/\$94NR
Mad Science							
Extraordinary Earth	#93417	6-11	Mad Science	Oct 3-Nov 7	Th	2:10-3:10 p.m.	\$125R/\$130NR



See course descriptions
on page 14.

****No class on Monday,
November 11 and
November 25-29.**

ARTS AND CRAFTS

Drawing and Watercolor Painting

Do you like to draw and paint? Learn new techniques in a multi-level class for beginning and advanced art students. Draw and paint landscapes, animals, portraits and people. Learn how to use perspective and shading. Have fun designing your own personal greeting cards. \$15 materials fee payable to instructor.

Age: 8-13 ■ Centre Concord ■ Mary Frances Crabtree

Session	Day	Time	Fee	Course
Sep 11-Oct 30	W	4-5:30 p.m.	\$75R/\$80NR	#93253

Wearable Art

Let's start planning ahead for the cooler weather. We will take a plain sweatshirt or T-shirt and make it into a holiday treasure. Make one for yourself or for a gift. Using stencils, ribbon, iron on cut-outs, and paints, you will be wearing a masterpiece. Up to \$15 materials fee payable to the teacher on the first day of class.

Age: 12+ ■ Senior Center ■ Polly Jones

Session	Day	Time	Fee	Course
Oct 15-22	Tu	6:15-8:15 p.m.	\$33R/\$38NR	#93234

Pastels—Worldly Artistic Designs

Explore multicultural art while working with pastels. From Mexico to Africa exploring design intricacies of their art and crafts. We'll move on to design Paisley patterns, an ancient design embraced by many cultures. Explore Asian paper lanterns from the Far East and end in Russia as we illustrate the onion dome. A \$15 materials fee is payable at the first class.

Age: 9-14 ■ Centre Concord ■ Young Rembrandts

Session	Day	Time	Fee	Course
Oct 7-Nov 4	M	3-5 p.m.	\$113R/\$118NR	#93372

DANCE, MUSIC AND PERFORMING ARTS

More classes...

Singing Class – Princess Songs for ages 3-6.
See page 11.

Piano Steps for ages 3-6.
See page 11.

R = Concord Resident NR = Concord Non-Resident

Beats for Beginners

Join us for a beginning class that will introduce you to the exciting world of percussion. Students learn proper drumming techniques and how to read basic rhythmic notation. Various percussion instruments will be introduced while students explore how to play rhythms together through rhythmic games. \$15 materials fee payable to instructor.

Grade: 2-5 ■ Village Center for the Arts ■ Village Music School

Session	Day	Time	Fee	Course
Sep 24-Oct 29	Tu	3:30-4:10 p.m.	\$110R/\$115NR	#93329
Nov 5-Dec 10	Tu	3:30-4:10 p.m.	\$110R/\$115NR	#93330

Age: 12+ ■ Village Center for the Arts ■ Village Music School

Session	Day	Time	Fee	Course
Sep 24-Oct 29	Tu	4:20-5 p.m.	\$110R/\$115NR	#93331
Nov 5-Dec 10	Tu	4:20-5 p.m.	\$110R/\$115NR	#93332

Keys to Piano

When children have fun with music lessons they will 'play' for years. Students learn popular songs that help with sight-reading, rhythm, theory and many other musical fundamentals. Professional, patient instructors encourage students to experience the language of music while building self-esteem and confidence. \$15 materials fee payable to instructor.

Grade: 1-5 ■ Village Center for the Arts ■ Village Music School

Session	Day	Time	Fee	Course
Sep 28-Nov 2	Sa	2:20-3 p.m.	\$110R/\$115NR	#93336
Nov 9-Dec 14	Sa	2:20-3 p.m.	\$110R/\$115NR	#93337

Beginning Piano

Using Alfred's Chord Approach as a textbook, each student will learn the basic keyboard skills needed to play thousands of simple popular songs. They will learn how to read both bass and treble clef, playing both chords and melodies.

Age: 10-17 ■ Centre Concord ■ Ted Crowley

Session	Day	Time	Fee	Course
Sep 12-Nov 14	Th	4-4:45 p.m.	\$153R/\$158NR	#93268

Guitar

Most popular songs consist of only three or four basic chords. Class teaches the chord progressions necessary to quickly learn to play your favorite songs. With no more than six students per class, students get the personal attention needed. Instructor has a Masters degree in Music Education and 20 years of teaching experience. Bring guitar (any kind).

Age: 10-17 ■ Centre Concord ■ Ted Crowley

Session	Day	Time	Fee	Course
Sep 12-Nov 14	Th	4:45-5:30 p.m.	\$153R/\$158NR	#93262

Band of Voices: Pop Vocal

The class instructor will accompany the group, while encouraging everyone to perform at their best. Basic vocal techniques and choreography will be introduced while students have a blast singing classic and current pop songs! This fun group vocal class focuses on teamwork and camaraderie. No class November 28.

Age: 8-12 ■ Village Center for the Arts ■ Village Music School

Session	Day	Time	Fee	Course
Sep 26-Oct 31	Th	6:30-7:15 p.m.	\$110R/\$115NR	#93342
Nov 7-Dec 12	Th	6:30-7:15 p.m.	\$110R/\$115NR	#93343

Performance Workshop

Singers/Actors/Musicians/Poets in this class should come prepared with their own material (bring sheet music/backing track, etc). Instructor will address stage presence, delivery and creative approach. This class fosters peer to peer encouragement and is a supportive environment for audition preparation, performing original material, or to simply practice!

Age: 12+ ■ Village Center for the Arts ■ Village Music School

Session	Day	Time	Fee	Course
Sep 24-Oct 15	Tu	6:30-7:30 p.m.	\$78R/\$83NR	#93344
Oct 22-Nov 12	Tu	6:30-7:30 p.m.	\$78R/\$83NR	#93345
Nov 19-Dec 10	Tu	6:30-7:30 p.m.	\$78R/\$83NR	#93346

ENRICHMENT

Game Design Beginning to Advanced

Improve your video game design skills and impress your family and friends with your game! Participants will work in pairs and are introduced to the fundamentals of game design and computer programming. Creativity is encouraged!

Age: 10-14 ■ Centre Concord ■ Freshi Films, LLC

Session	Day	Time	Fee	Course
Sep 10-Oct 29	Tu	3-4:30 p.m.	\$180R/\$185NR	#93301

Filmmaking: From Script to Premiere!

Learn the process of making a movie while having fun and making new friends! Using basic video cameras and editing software, they produce the film, integrating simple special effects, sound effects and a musical score. Students learn camera angles, film etiquette and vocabulary, as well as how to use digital film tools.

Age: 10-14 ■ Centre Concord ■ Freshi Films, LLC

Session	Day	Time	Fee	Course
Sep 12-Oct 31	Th	3-4:30 p.m.	\$180R/\$185NR	#93304

Tech Builders App Development

Learn the basics needed to create your own mobile games or helpful apps! Using game salad software, learn the process of making a mobile app. We'll focus on app content, animation, appearance, menu layout & other useful tools in the app creation process. This camp is useful for students who are interested in technology or video games, as well as for students who simply want to make a cool mobile app to share with family and friends!

Age: 10-14 ■ Centre Concord ■ Freshi Films, LLC

Session	Day	Time	Fee	Course
Sep 9-Oct 28	M	3-4:30 p.m.	\$180R/\$185NR	#93412

Taekwondo Introduction for Families

Taekwondo has no age limits and is a very good sport for children. They learn fast reactions through games, learn to respect others and learn to know their own abilities. In this class, students will get a great cardiovascular workout, increase flexibility and stamina, improve their overall muscle tone in addition to learning useful self-defense techniques. No class November 28.

Age: 8+ ■ KO Taekwondo ■ Kevin Oliver

Session	Day	Time	Fee	Course
Oct 17-Dec 12	Th	6-7 p.m.	\$79R/\$84NR	#93391

Taekwondo-Kenpo-Youth

An integrative approach of combining Taekwondo and Kenpo into one martial art system. These two arts combine to form a dynamic striking art. Learn the principles of kindness, compassion, honor, humility, and integrity. Become a healthier, happier, and more balanced human. Ray Faulkenberry, Ph.D. is an 8th Degree Black Belt. Optional uniform at cost payable to instructor.

Age: 5-13 ■ Baldwin Park Dance Studio ■ Ray Faulkenberry

Session	Day	Time	Fee	Course
Sep 4-27	W, F	6:30-7:30 p.m.	\$56R/\$61NR	#93292
Oct 2-30	W, F	6:30-7:30 p.m.	\$63R/\$68NR	#93293
Nov 1-27	F, W	6:30-7:30 p.m.	\$56R/\$61NR	#93294
Dec 4-20	W, F	6:30-7:30 p.m.	\$45R/\$50NR	#93295

Discount - 50% off additional family members that sign up together

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Life
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Kajukenbo Karate-Youth

Kajukenbo is a mix of Karate, Judo/Jujitsu, Kenpo and Chinese Boxing (Gung Fu) into an extremely effective self-defense system. Emphasis is on physical conditioning, self-defense, grappling and traditional forms. Instructors, Mike Daplas is a black belt in Rapacon's Martial Arts, Steve DelFierro is a pro champion Muay Thai fighter and striking coach.



Age: 10-13 ■ Willow Pass Community Center ■ Michael Daplas

Session	Day	Time	Fee	Course
Sep 3-26	Tu	6-7 p.m.		
and	Th	6:30-7:30 p.m.	\$49R/\$54NR	#93383
Oct 1-31	Tu	6-7 p.m.		
and	Th	6:30-7:30 p.m.	\$61R/\$66NR	#93384
Nov 5-26	Tu	6-7 p.m.		
and	Th	6:30-7:30 p.m.	\$44R/\$49NR	#93385
Dec 3-19	Tu	6-7 p.m.		
and	Th	6:30-7:30 p.m.	\$38R/\$43NR	#93386

Multi Session Discount – 20% off

Sep 3-Dec 19	Tu	6-7 p.m.		
and	Th	6:30-7:30 p.m.	\$147R/\$162NR	#93387

Karate-Shorinji Ryu-Youth

Shorinji Ryu, a traditional karate system created by O'Sensei Richard Kim, Hanshi, means 'Shaolin Temple' style and is taught in the traditional method of instilling self-control, mental focus, high spirit and composure in the face of danger. Aaron Holm, a black belt in Shorinji Ryu karate, has developed a dynamic highly motivating teaching style. No class November 28.

Age: 10-14 ■ Centre Concord ■ Aaron Holm

Session	Day	Time	Fee	Course
Sep 7-28	Th	6-7:30 p.m.		
and	Sa	9:30-10:30 a.m.	\$44R/\$49NR	#93423
Oct 3-31	Th	6-7:30 p.m.		
and	Sa	9:30-10:30 a.m.	\$55R/\$60NR	#93424
Nov 7-30	Th	6-7:30 p.m.		
and	Sa	9:30-10:30 a.m.	\$44R/\$49NR	#93425
Dec 5-28	Th	6-7:30 p.m.		
and	Sa	9:30-10:30 a.m.	\$44R/\$49NR	#93426

Multi Session Discount – 20% off

Sep 7-Dec 28	Th	6-7:30 p.m.		
and	Sa	9:30-10:30 a.m.	\$143R/\$158NR	#93427

Recreation reduces self-destructive and negative social activity in youth.

We Teach Your Kids to Cook Healthy

Children learn how to make delicious, healthy food the entire family will enjoy. Young chefs learn importance of proper clean up and the basics of nutrition, shopping, reading labels, and food and knife safety. A non-refundable \$15 materials fee is payable at the first class.



Age: 6-10 ■ Centre Concord ■ Cooking with Kids Foundation

Session	Day	Time	Fee	Course
Sep 26-Oct 10	Th	5:30-7 p.m.	\$142R/\$147NR	#93325

Yoga for Kids

Come join the fun! Classes are designed to engage junior yogis through age-appropriate postures and fun activities. Providing benefits of increased focus and flexibility, students gain greater self-esteem and compassion for others. Fitness and fun for the mind and body.

Age: 5-9 ■ Village Center for the Arts ■ Village Music School

Session	Day	Time	Fee	Course
Sep 28-Nov 2	Sa	12:10-12:55 p.m.	\$110R/\$115NR	#93333
Nov 9-Dec 14	Sa	12:10-12:55 p.m.	\$110R/\$115NR	#93334

SPECIAL EVENTS



Santa Claus is Coming to Town

The whole family can enjoy Santa! Make and enjoy a variety of holiday crafts and games with your child(ren) while waiting for their visit with Santa himself! DON'T FORGET THE CAMERA for your visit with Santa. Refreshments will be served. Pre-registration is required for everyone age 3 and older. Space is limited, so register early before it fills up!

All Ages ■ Senior Center ■ Staff

Session	Day	Time	Fee	Course
Dec 14	Sa	9:30 a.m.-12:30 p.m.	\$8R/\$9NR	#92222

ENRICHMENT



SAT Test Preparation

Learn skills and strategies for doing well on the SAT. The math section focuses on algebra, geometry, statistics, data analysis, probability, functions and trigonometry. The English section focuses on critical reading and sentence completions strategies, as well as development of a five-point persuasive essay. \$25 materials fee payable at first class. No class November 2.

Age: 15-18 ■ Centre Concord ■ Monica Lo and Phil Newton

Session	Day	Time	Fee	Course
Oct 5-Nov 16	Sa	10 a.m.-1 p.m.	\$295 R/\$300NR	#93398

Online Driver's Ed for Teens

Complete your Driver's Education requirement from home, on your computer. This is an interactive, online course with videos and animated driving scenarios. Learn the rules of the road, driver responsibility, DMV procedures and much more. Receive DMV-approved Certificate of Completion. A licensed instructor is available to answer any questions. Sign up any time.

Age: 15+ ■ On-Line ■ LLC Safety Driver's Ed

Session	Fee	Course
Sep 30-Oct 27	\$59	#93270
Oct 28-Nov 24	\$59	#93271
Nov 25-Dec 22	\$59	#93272
Dec 30-Jan 26	\$59	#93296



More classes...

Game Design Beginning to Advanced
(ages 10-14) page 17

Filmmaking: From Script to Premiere!
(ages 10-14) page 17

Tech Builders App Development
(ages 10-14) page 17

Kajukenbo Karate – Youth
(ages 10-13) page 18

Karate-Shorinji Ryu – Youth
(ages 10-14) page 18

Taekwondo-Kenpo – Youth
(ages 5-13) page 17

Wearable Art
(ages 12+) page 16

Beginning Piano
(ages 10-17) page 16

Beats for Beginners
(ages 12+) page 16

Performance Workshop
(ages 10-17) page 17

ARTS AND CRAFTS

Basic Drawing

Take the fear out of drawing. Working primarily in pencil, students will explore the basics of drawing, including line, shading, and perspective. Students will draw freehand as well as using the grid system. This course is for artists of all levels. A short supply list will be provided.

Age: 14+ ■ Centre Concord ■ Sandy Cornelius

Session	Day	Time	Fee	Course
Sep 10-Oct 8	Tu	6-7:30 p.m.	\$52R/\$57NR	#93220



Drawing, Water Color and Color Pencil

Beginner and advanced students will learn color pencil techniques. A demonstration, individual help and critiques are included in each class meeting. Students may work in the style of their choice: flowers or animals. A supply list will be available from the instructor on the first day of class. You may purchase on your own or from the instructor.

Age: 21+ ■ Senior Center ■ Ann Nakatani

Session	Day	Time	Fee	Course
Sep 11-Oct 30	W	9:30-10:30 a.m.	\$51R/\$56NR	#93198
Nov 6-Dec 18	W	9:30-10:30 a.m.	\$45R/\$50NR	#93199

Decoupage Your Home

Decoupage is a great medium to transform objects from plain to WOW! You will learn Decoupage basics on a small box. Then, use your new skills to transform a piece from your home, to give it new life. Bring a picture from home that needs a 'facelift'. The second and third classes are for embellishing your project.

Age: 21+ ■ Senior Center ■ Polly Jones

Session	Day	Time	Fee	Course
Oct 29-Nov 12	Tu	6:15-8:15 p.m.	\$88R/\$93NR	#93235

DANCE, MUSIC AND PERFORMING ARTS

Waltz-Dance Like the Stars

Impress your friends and learn to Dance Like the Stars. Simple instructions build confidence quickly. Smooth flowing routines with easy turns will prepare you for any party or wedding. This is an excellent class for beginners and for those who want to improve their leading and following. Leather sole shoes are recommended. Singles or couples welcome.

Age: 16+ ■ Senior Center ■ Catherine S Morgan

Session	Day	Time	Fee	Course
Sep 11-Oct 9	W	7-8:20 p.m.	\$73R/\$78NR	#93236

East Coast Swing Dance Like the Stars

This dance is FUN! You will start with single then transition to triple timing which will help you feel comfortable on any dance floor. Simple instructions will help you learn quickly. Excellent class for beginners or anyone. Singles or couples welcome.

Age: 16+ ■ Senior Center ■ Catherine S Morgan

Session	Day	Time	Fee	Course
Oct 16-Nov 13	W	7-8:20 p.m.	\$73R/\$78NR	#93237

Hula For Exercise

Participants will learn the simple hand and foot movement of the Hula set to upbeat Hawaiian music. Instructor Rose Ramos will focus on one song each session, and students will learn Hula movements while exercising and having fun! Wear comfortable clothes.

Age: 21+ ■ Senior Center ■ Rose Ramos

Session	Day	Time	Fee	Course
Sep 10-Oct 29	Tu	6-7 p.m.	\$43R/\$48NR	#93196
Nov 5-Dec 17	Tu	6-7 p.m.	\$38R/\$43NR	#93197



Tap-ercise Lite

This class is for the beginner who wants to learn tap and have a low impact workout. You will learn fun dances that focus on basic tap steps. These steps are repeated weekly. Enjoy an aerobic workout while also tap dancing. No class October 25, November 29 and December 20.

Age: 21+ ■ Baldwin Park Dance Studio ■ Terry Davis

Session	Day	Time	Fee	Course
Sep 13-Oct 18	F	9:15-10 a.m.	\$33R/\$38NR	#93202
Nov 1-Dec 13	F	9:15-10 a.m.	\$33R/\$38NR	#93203



Intermediate Tap 2

This class is for the adult student with previous experience in Tap dance. Students will enjoy learning challenging rhythms and fun routines set to great music in a comfortable and welcoming environment. The instructor has been teaching Tap dance for over 20 years at various dance studios in the Bay Area. No class November 11.

Age: 18+ ■ Baldwin Park Dance Studio ■ Terry Davis				
Session	Day	Time	Fee	Course
Sep 9-Oct 28	M	5-5:45 p.m.	\$48 R/\$53 NR	#93200
Nov 4-Dec 16	M	5-5:45 p.m.	\$37 R/\$42 NR	#93201

Modern Square Dance Basics

Modern Western Square Dancing may be just the activity you've been missing. Join us in this exhilarating class and learn modern square dancing basics. It's a great way to exercise and leave your cares behind. New friendships are waiting to be made. Having fun is what we do best!

Age: 18+ ■ Willow Pass Community Center ■ Clutch Busters Square Dance Club				
Session	Day	Time	Fee	Course
Sep 10-Nov 12	Tu	7:45-9:45 p.m.	\$103 R/\$108 NR	#93061



Ukulele Jam Club Advanced

Come jam with advanced ukulele enthusiasts. Players and listeners alike are welcome. You'll find this instrument a delight to play or listen to. No class November 11.

Age: 21+ ■ Senior Center ■ June Katayama				
Session	Day	Time	Fee	Course
Sep 9-Dec 16	M	6:30-8 p.m.	\$21 R/\$26 NR	#93204

Guitar-Adults

Most popular songs consist of only three or four basic chords. Class teaches the chord progressions necessary to quickly learn to play your favorite songs. With no more than six students per class, students get the personal attention needed. Instructor has a Masters degree in Music Education and 20 years of teaching experience. Bring guitar (any kind).

Age: 18+ ■ Centre Concord ■ Ted Crowley				
Session	Day	Time	Fee	Course
Sep 12-Nov 14	Th	6:45-7:30 p.m.	\$153 R/\$158 NR	#93266

Beginning Piano-Adult

Using Alfred's Chord Approach as a textbook, each student will learn the basic keyboard skills needed to play thousands of simple popular songs. They will learn how to read both bass and treble clef, playing both chords and melodies.

Age: 18+ ■ Centre Concord ■ Ted Crowley				
Session	Day	Time	Fee	Course
Sep 12-Nov 14	Th	6-6:45 p.m.	\$153 R/\$158 NR	#93269

HEALTH AND FITNESS

Jazzercise Lite

Get real results with a powerfully fun and effective workout that will lift your spirits and strengthen your heart, muscles, and core. Each class includes warm-up, low impact aerobics, strength training and stretching. Led by a Certified Jazzercise Instructor of 34 years. Call 228-1137 for more information. No class November 11.

Age: 15+ ■ Senior Center ■ Irene Larson				
Session	Day	Time	Fee	Course
Sep 9-Oct 28	M	5:45-6:45 p.m.	\$43 R/\$48 NR	#93205
Nov 4-Dec 16	M	5:45-6:45 p.m.	\$33 R/\$38 NR	#93207
Sep 11-Oct 30	W	5:45-6:45 p.m.	\$43 R/\$48 NR	#93206
Nov 6-Dec 18	W	5:45-6:45 p.m.	\$38 R/\$43 NR	#93208

Taekwondo Introduction for Families

Taekwondo has no age limits and is a very good sport for children. They learn fast reactions through games, learn to respect others and learn to know their own abilities. In this class, students will get a great cardiovascular workout, increase flexibility and stamina, improve their overall muscle tone in addition to learning useful self-defense techniques. No class November 28. \$35 uniform fee required and payable the first day of class.

Age: 8+ ■ KO Taekwondo ■ Kevin Oliver				
Session	Day	Time	Fee	Course
Oct 17-Dec 12	Th	6-7 p.m.	\$79 R/\$84 NR	#93391

R = Concord Resident NR = Concord Non-Resident

Taekwondo-Kenpo-Adults

An integrative approach of combining Taekwondo and Kenpo into one martial art system. These two arts combine to form a dynamic striking art. Learn the principles of kindness, compassion, honor, humility, and integrity. Become a healthier, happier, and more balanced human. Ray Faulkenberry, Ph.D. is an 8th Degree Black Belt. Optional uniform at cost payable to instructor. No class November 29.

Age: 14+ ■ Baldwin Park Dance Studio ■ Ray Faulkenberry				
Session	Day	Time	Fee	Course
Sep 4-27	W, F	6:30-7:30 p.m.	\$56R/\$61 NR	#93297
Oct 2-30	W, F	6:30-7:30 p.m.	\$63R/\$68 NR	#93298
Nov 1-27	W, F	6:30-7:30 p.m.	\$56R/\$61 NR	#93299
Dec 4-20	W, F	6:30-7:30 p.m.	\$42R/\$47 NR	#93300

Kajukenbo Karate-Adults

Kajukenbo is regarded as the Original Mixed Martial Art. Class emphasis is on physical conditioning, self-defense, grappling, traditional forms, kick boxing and Filipino art of Arnis. Instructors, Mike Daplas is a black belt in Rapacon's Martial Arts and practitioner of Lastra's Arnis, Steve DelFierro, is a pro champion Muay Thai fighter and striking coach.

Age: 14+ ■ Willow Pass Community Center ■ Michael Daplas				
Session	Day	Time	Fee	Course
Sep 3-26	Tu, Th	6-7:30 p.m.	\$59R/\$64 NR	#93378
Oct 1-31	Tu, Th	6-7:30 p.m.	\$73R/\$78 NR	#93379
Nov 5-26	Tu, Th	6-7:30 p.m.	\$59R/\$64 NR	#93380
Dec 3-19	Tu, Th	6-7:30 p.m.	\$45R/\$50 NR	#93381

Multi-Session Discount – 20% off

Age: 14+ ■ Willow Pass Community Center ■ Michael Daplas				
Session	Day	Time	Fee	Course
Sep 3-Dec 19	Tu, Th	6-7:30 p.m.	\$177R/\$192 NR	#93382

Family Discount - \$5 off for multiple family members in same course

Karate-Shorinji Ryu-Adults

Shorinji Ryu, a traditional karate system created by O'Sensei Richard Kim, Hanshi, means 'Shaolin Temple' style and is taught in the traditional method of instilling self-control, mental focus, high spirit and composure in the face of danger. Aaron Holm, a black belt in Shorinji Ryu karate, has developed a dynamic highly motivating teaching style. No class November 28.

Age: 10-14 ■ Centre Concord ■ Aaron Holm				
Session	Day	Time	Fee	Course
Sep 7-28	Th	6-7:30 p.m.	\$52R/\$57 NR	#93418
and	Sa	9:30-10:30 a.m.		
Oct 3-31	Th	6-7:30 p.m.	\$66R/\$71 NR	#93419
and	Sa	9:30-10:30 a.m.		
Nov 7-30	Th	6-7:30 p.m.	\$52R/\$57 NR	#93420
and	Sa	9:30-10:30 a.m.		
Dec 5-28	Th	6-7:30 p.m.	\$52R/\$57 NR	#93421
and	Sa	9:30-10:30 a.m.		

Multi Session Discount – 20% off

Age: 10-14 ■ Centre Concord ■ Aaron Holm				
Session	Day	Time	Fee	Course
Sep 7-Dec 28	Th	6-7:30 p.m.	\$171 R/\$186 NR	#93422
and	Sa	9:30-10:30 a.m.		

Tai Chi Gong

Tai Chi Gong is designed to help you relieve stress, increase flexibility, improve balance, strengthen and tone muscles and quiet the mind. Standing meditation, Chi Gong exercises and Yang-style Long Form for beginners awaken the natural healing rhythms for body, mind and spirit. Instructor has been a healing arts professional for 30 years. www.SugiHealth.com.



Age: 14+ ■ Centre Concord ■ Amy Erez				
Session	Day	Time	Fee	Course
Sep 3-Oct 22	Tu	6-7 p.m.	\$78R/\$83 NR	#93290
Oct 29-Dec 10	Tu	6-7 p.m.	\$68R/\$73 NR	#93291

Sun Style Tai Chi For Health-Beginning

Sun Style Tai Chi is powerful for healing. Learn the beginner set. Qi gong and Tai Chi improve flexibility, stamina, strength, balance, relieves stress, decreases pain, improves immunity. Includes warm ups and Qi Gong exercises. Instructor Robin Malby, a credentialed teacher and certified Master Trainer for Dr. Paul Lam, has studied Qi gong/Tai Chi since 1999. She holds multiple Tai Chi certifications. No class November 26.

Age: 21+ ■ Senior Center ■ Robin Malby				
Session	Day	Time	Fee	Course
Sep 17-Dec 10	Tu	7-8 p.m.	\$63R/\$68 NR	#93171

Meditation 1 for Health and Well-Being

Meditation is known to promote inner peace and well-being, leading to improved health, and a deeper spiritual connection. In this class we will learn how to quiet our thoughts and tune into higher consciousness. Instructor, Mary Bruns, has practiced and taught meditation for over 30 years. Optional CD for \$10

Age: 16+ ■ Centre Concord ■ Mary Bruns				
Session	Day	Time	Fee	Course
Sep 19-Oct 17	Th	7-8:45 p.m.	\$59R/\$64 NR	#93223

Meditation 2 Continuing the Journey

In Meditation 2, we deepen our connection to the Higher Mind to enhance our personal growth. Whether you took Meditation 1 recently or some time ago, this class will help you to fine tune your practice and experience transformation. \$5 payable to instructor for handouts. Optional CD for \$10.

Age: 21+ ■ Centre Concord ■ Mary Bruns				
Session	Day	Time	Fee	Course
Oct 24-Nov 21	Th	7-8:45 p.m.	\$59R/\$64 NR	#93224

Pilates

Engage in a unique set of low impact exercises that strengthens and tones the body's core muscles, improves posture and flexibility, and creates a more streamline figure. Pilates increases one's inner strength, complementing almost all physical activities, enhancing overall health, posture, performance and physical appearance. Bring a sticky mat. Foam roller is optional. No class November 26 and 28.

Age: 16+ ■ Willow Pass Community Center ■ David Henry

Session	Day	Time	Fee	Course
Sep 3-Oct 22	Tu	5:20-6:20 p.m.	\$75 R/\$80 NR	#93313
Oct 29-Dec 17	Tu	5:20-6:20 p.m.	\$66 R/\$71 NR	#93315
Sep 5-Oct 24	Th	6:30-7:20 p.m.	\$75 R/\$80 NR	#93314
Oct 31-Dec 19	Th	6:30-7:20 p.m.	\$66 R/\$71 NR	#93316

Sundown Yoga

This class uses poses (asanas) and breath in a fluid, physical challenging manner that engages the practitioner and brings one into balance. It's energizing and amazingly relaxing. Yoga increases vitality, improves health, state of mind and well-being. Develop flexibility, strength, and freedom. Bring sticky mat, block and strap. No class November 26.

Age: 18+ ■ Willow Pass Community Center ■ David Henry

Session	Day	Time	Fee	Course
Sep 3-Oct 22	Tu	6:30-7:20 p.m.	\$75 R/\$80 NR	#93311
Oct 29-Dec 17	Tu	6:30-7:20 p.m.	\$66 R/\$71 NR	#93312



Yoga for Lunch

Make the most of your lunch hour with this Yoga for Lunch class. This Hatha Yoga class uses ASANAS (poses) and PRANAYAMA (breathwork) in a fluid physical manner that brings the practitioner into balance which is both relaxing and energizing at the same time! Yoga increases energy and vitality, promoting improved health and well-being. Bring a sticky mat, block and strap.

Age: 18+ ■ Concord Library ■ David Henry

Session	Day	Time	Fee	Course
Sep 9-Oct 28	M	12:10-1 p.m.	\$75 R/\$80 NR	#93309
Nov 4-Dec 16	M	12:10-1 p.m.	\$57 R/\$62 NR	#93310

Yoga - Beginning

Everyone can practice yoga! In this class you will gain strength and flexibility and leave your stress behind in this Iyengar style class. The benefits are too numerous to list. Bare feet are essential. Bring a sticky mat. No class October 14, 16, 21, 23, and November 11.

Age: 18+ ■ Willow Pass Community Center ■ Susan Killoran

Session	Day	Time	Fee	Course
Sep 9-Dec 16	M	5:30-6:30 p.m.	\$75 R/\$80 NR	#93318
Sep 9-Dec 16	M	6:35-7:35 p.m.	\$75 R/\$80 NR	#93319
Sep 11-Dec 18	W	6:10-7:10 p.m.	\$81 R/\$86 NR	#93320

ZUMBA

You will be amazed at this incredible aerobic dance class! No dance experience is necessary to fully enjoy this new workout. There will be different rhythms taught in the class including salsa, cumbia, meringue, regaetone and much more. Join us for an hour and see what change it makes in you. No class November 2 and 30.



Age: 14+ ■ Centre Concord ■ Amelia Said

Session	Day	Time	Fee	Course
Sep 7-Oct 12	Sa	10:45-11:45 a.m.	\$36 R/\$41 NR	#93146
Oct 19-Dec 14	Sa	10:45-11:45 a.m.	\$53 R/\$58 NR	#93149

Age: 14+ ■ Baldwin Park Dance Studio ■ Valerie Conwright

Session	Day	Time	Fee	Course
Sep 10-Oct 29	Tu	6:30-7:30 p.m.	\$47 R/\$52 NR	#93148
Nov 5-Dec 17	Tu	6:30-7:30 p.m.	\$53 R/\$58 NR	#93151
Sep 12-Oct 31	Th	6:30-7:30 p.m.	\$53 R/\$58 NR	#93147
Nov 7-Dec 26	Th	6:30-7:30 p.m.	\$47 R/\$52 NR	#93150

Zumba and Tone

Zumba and Toning Class is unique, fun, and beneficial. It combines traditional Latin dance styles, including salsa, mambo, cha-cha, cumbia and merengue, as well as hip-hop and belly dancing moves, and a blend of calorie-burning, strength-training class. You will get a half-hour of Zumba Fitness and a half-hour of Zumba Toning.

Age: 15+ ■ Willow Pass Community Center ■ Cynthia Ryan

Session	Day	Time	Fee	Course
Sep 4-Oct 30	W	6:30-7:30 p.m.	\$48 R/\$53 NR	#93350
Nov 6-Dec 18	W	6:30-7:30 p.m.	\$38 R/\$43 NR	#93351



R = Concord Resident NR = Concord Non-Resident

SPECIAL INTEREST

Dog Training-Basic Manners

Start with the basics to teach good manners to unruly pooches using reward based techniques, like look, sit, down, stay, come, leash walking, wait. Owners learn how to solve common behavioral problems like pulling on leash and jumping. The first class is for owners only, please leave dogs at home. Not appropriate for aggressive dogs, they may be excused from class.

Age: 18+ ■ Lime Ridge Center ■ Sara Scott

Session	Day	Time	Fee	Course
Sep 8-Oct 13	Su	12-1 p.m.	\$123R/\$128NR	#93216
Nov 10-Dec 15	Su	12-1 p.m.	\$123R/\$128NR	#93217

Dog Training-K9 Nose Work

K9 Nose Work is a fun dog sport based on detection training. Nose work allows dogs to do what they love best-use their nose to sniff out rewards. Teach your dog to enjoy the hunt while developing his natural scenting abilities. Dogs must be able to handle confinement away from their handlers during class either in an owner provided crate or properly equipped vehicle. Class size limited to 6. Classes taught by accredited pet training instructor/Behavioral Counselor Sara Scott. Lime Ridge Center is located in the Lime Ridge Open Space at 3701 Treat Blvd., Concord.

Age: 14+ ■ Lime Ridge Center ■ Sara Scott

Session	Day	Time	Fee	Course
Sep 8-Oct 13	Su	1-2 p.m.	\$123R/\$128NR	#93321

Doggie Zen

Are you looking for ways to encourage your exuberant dog to settle, focus and control in exciting situations? Using reward based techniques to focus and calm your dog while teaching exercises for loose leash walking, greeting without jumping, settle on mat, and more. The first class is for owners only, please leave dogs at home. Not appropriate for aggressive dogs, they may be excused from class.

Age: 18+ ■ Lime Ridge Center ■ Sara Scott

Session	Day	Time	Fee	Course
Nov 10-Dec 15	Su	1-2 p.m.	\$123R/\$128NR	#93349

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Recreation and parks are essential
foundations to quality of life.

Pasta-How to
Make Basic Pasta

There's nothing like the taste of fresh pasta! This small, intimate class size provides students personalized attention and one-on-one instruction. Learn to make homemade pasta from a few simple techniques-no bowls. Enjoy tasting the instructor's pasta while taking home your pasta. \$5 materials fee payable to instructor.

Age: 18+ ■ Centre Concord ■ Elizabeth Seaholm

Session	Day	Time	Fee	Course
Sep 16	M	6:30-8 p.m.	\$25R/\$30NR	#93322

Pasta-Homemade Ravioli

This class will demonstrate the preparation of homemade pasta and two different methods for making ravioli. One filling (cheese) will be demonstrated. The class will finish with a light meal consisting of the freshly prepared ravioli with enough to take home. Prerequisite: students must have taken the Basic Pasta Class or already know how to make basic pasta. \$8 materials fee payable to instructor. Requirements: flour sifter, rolling pin, 2 forks, teaspoon, 2 non-serrated knives, container for carrying pasta, small bowl, apron, pulled back hair, closed comfortable shoes. Optional: manual pasta machine.

Age: 18+ ■ Centre Concord ■ Elizabeth Seaholm

Session	Day	Time	Fee	Course
Sep 24	Tu	6:30-8 p.m.	\$25R/\$30NR	#93323

Free Legal Forms

Without a Will, the State of California chooses your beneficiaries, executor, and guardians for your children. In this workshop, each student will receive FREE 'fill in the blanks' Will, Durable Power of Attorney and Advanced Health Care Directive Forms. The instructor is an experienced estate planning attorney who will assist students in completing their forms.

Age: 21+ ■ Senior Center ■ Raymond McFalone

Session	Day	Time	Fee	Course
Sep 10-17	Tu	9:30-11:30 a.m.	\$13R/\$18NR	#91891

Trusts and Estate
Planning Made Simple

Revocable Living Trusts avoid probate. But did you know that there are different kinds of Revocable Living Trusts? On death, a Trust can be expensive and complicated or simple and economical to administer, depending on which kind you choose. Have your questions answered by an experienced attorney who will explain exactly how Trusts and Wills work in a way that is easy to understand.

Age: 21+ ■ Senior Center ■ Raymond McFalone

Session	Day	Time	Fee	Course
Oct 22-29	Tu	9:30-11:30 a.m.	\$13R/\$18NR	#91894

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Concord Parks & Recreation

Intro to Algebra

Understand how algebra is relevant to almost every aspect of your daily life, and become skilled at solving a variety of algebraic problems.

Intro to CSS and XHTML

Learn to create state-of-the-art Web sites using modern CSS and XHTML techniques.

Designing Effective Websites

Learn powerful graphic design techniques and build Web sites that are both attractive and wickedly effective.

Dreamweaver CS5

Learn to use Adobe Dreamweaver CS5 to design, create, and maintain user-friendly Web sites full of professional-quality Web pages.

Certificate in End of Life Care

Earn a certificate proving you understand the needs of individuals living with debilitating, chronic, or terminal illnesses.

Get Funny!

Learn how to use humor to speak more effectively, write better, and increase your popularity.

Keyboarding

Learn how to touch-type or improve your existing typing skills using Keyboarding Pro 5.

Write Your Life Story

Learn how to create and distribute an inspirational and professional autobiography for family, friends, and others.

Introduction to PC Troubleshooting

Learn to decipher and solve almost any problem with your PC.

Speed Spanish

Learn six easy recipes to glue Spanish words together into sentences, and you'll be engaging in conversational Spanish in no time.

Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

Medical Terminology: A Word Association Approach

Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

Math Refresher

Gain confidence in your basic math skills and start using math to your advantage.

A Writer's Guide to Descriptive Settings

Develop your eye for detail and improve your writing with vivid descriptions, memorable settings, and believable characters.

Get Paid to Travel

Learn everything you need to start your new and exciting career as a professional tour director.

Teaching Adult Learners

Learn powerful techniques for reaching and motivating adult learners in today's student-centered classroom.

Going Green at the Workplace

Learn cost-effective ways to position your business as a responsible environmental leader in a world of green consumers and carbon-conscious regulators.

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SPECIAL RECREATION

Special Recreation Bowling

Bowling is the hot thing to do. Let's get movin', movin', movin'. Join our Bowling team the 'Strikers'! Have a blast meeting new people and making friends! Shoes are included.

Age: 18+ ■ Clayton Valley Bowl

Session	Day	Time	Fee	Course
Sep 3-24	Tu	3:30-5:30 p.m.	\$27	#93187

Bocce Ball

Enjoy the brand new bocce courts at Baldwin Park. This ancient game, whose modern adaptation most closely resembles bowling, requires skill, strategy and just a little luck. Bocce ball is a great game to play outside on a beautiful day. Come learn how to play this fun game of bocce. Meet at the Baldwin Park bocce courts.

Age: 18+ ■ Baldwin Park Bocce Court

Session	Day	Time	Fee	Course
Sep 23-Oct 7	M	5:30-7:30 p.m.	\$54	#93186
Oct 14-28	M	5:30-7:30 p.m.	\$54	#93189



**Community Dances
Special Recreation**

Come one and all and have a good time dancing your heart out! Bring a snack to share. Pay \$6 at the door. Exact cash or check.

Age: 18+ ■ Concord Senior Center 2727 Parkside Circle

Session	Day	Time	Fee
Aug 23	F	7-9 p.m.	\$6
Oct 11	F	7-9 p.m.	\$6

Age: 18+ ■ Walnut Creek Heather Farm 301 N. San Carlos Drive

Session	Day	Time	Fee
Sep 6	F	7-9 p.m.	\$6
Nov 15	F	7-9 p.m.	\$6

Age: 18+ ■ Pleasant Hill Senior Center 233 Gregory Lane

Session	Day	Time	Fee
Dec 6	F	7-9 p.m.	\$6



The Community Youth Center (CYC) is a non-profit state-of-the-art sports and academic center where youth ages 3 to 18 thrive in a dynamic and positive environment. CYC staff and volunteers work hard every day to support young student athletes. CYC is proud to manage 10 sports programs and an academic excellence center.

Boxing • Wrestling • Gymnastics • Dance • Soccer • Judo • Rhythmic Gymnastics • Taekwondo • Sport Specific Conditioning • Cheerleading • Academic Excellence

COMMUNITY YOUTH CENTER
2241 GALAXY COURT
CONCORD, CA 94520
925-671-7070
www.communityyouthcenter.org



Baldwin Park

**The City of Concord
has reservable picnic sites at:**

- Baldwin Park
- Concord Community Park
- Hillcrest Park
- Meadow Homes Park
- Newhall Park
- Ygnacio Valley Park



For more information visit
www.cityofconcord.org/picnic or call 671-3404.



50 & Better Camp

Camp Concord is offering a special Lake Tahoe getaway for adults 50 years and older. It is the perfect setting for a relaxing and/or adventurous vacation-your choice! Your camp experience can include activities from hiking and canoeing to arts and bingo. Three meals a day are included and will be served in the dining hall unless otherwise noted. Our rustic cabins have electricity and convenient access to restrooms, hot showers and the main lodge. Go to our website for more information www.camconcord.org. Cabins-please include the names of friends you want to bunk with at time of registration. Single cabins not available. If you choose not to designate bunk mates, you will be assigned bunk mates by gender.

Age: 50+			
Session	Day	Fee	Course
Aug 19-23	Mon-Fri	\$215R/\$220NR	#91841
Aug 26-30	Mon-Fri	\$215R/\$220NR	#91846



Camp Concord Mother and Son Weekend

Imagine a weekend where you can slow down and enjoy one-on-one time with your son; a time where no one else is competing for your attention, a weekend away from household chores, a weekend for both of you to meet new friends and create shared adventures. Complete with s'mores, crafts, the beach and the search for mischievous forest creatures-it is a weekend for memories that will last a lifetime. Course registration fee is inclusive of mother and son. For more information, please visit www.camconcord.org.

Session	Day	Fee	Course
Aug 23-25	Fri-Sun	\$247R/\$252NR	#91842

Group Reservations

Group Rentals available May to mid-June and mid-August to mid-October. Camp Concord provides stunning scenery and affordable rates for groups as small as 10 to as large as 200. From family reunions to non-profit retreats, customized packages are created for each client group in order to meet their unique needs. Group reservations are personally handled by the Camp Director. If you have questions regarding Camp Concord or wish to book your group, please contact us at (925) 671-3006 or email camp@ci.concord.ca.us.

How do I register?

Go to www.concordreg.org, visit our website at www.camconcord.org for a registration form or call our registration office Monday-Friday, 10 a.m.-12 p.m. and 1-3 p.m. at (925) 671-3404.



Together we're better! Camp Concord is an equal opportunity provider operating under a Special Use Permit on Lake Tahoe Basin National Forest Lands.

Trip Difficulty Rating System

Our trip Difficulty Rating System ranks each trip from 1 to 4 according to the degree of activity and general travel rigors. For example, 1 is the easiest and 4 indicates the most strenuous. There is a limit of two flat fold walkers on VAN trips rated 1 or 2. Please inform registration staff when registering a participant that uses a walker or wheelchair. There is a limit of 2 wheelchairs for casino motorcoach trips.



EASY

Up to 2 blocks of walking on even terrain and a few stairs. Periodic rest stops and intermittent seating available throughout the day.



MILD

Between 2-4 blocks of even walking and short flight(s) of stairs. Resting areas vary. Standing approximately 30 minutes periodically over the day.



MODERATE

Up to 4 blocks of walking and some incline and/or steps involved. Resting areas available at end of tour. Standing approximately 1 hour periodically over the day. Not appropriate for walkers and wheelchairs.



STRENUOUS

More than 4 blocks of walking with many stairs and uneven terrain. No resting areas available for long periods of time. More than 1 hour of standing. Not appropriate for canes, walkers or wheelchairs.



Scottish Highlands Games

The Games include 20+ pipe bands and competitions, from the U.S. and Canada, including world-class grade I bands. The Pleasanton Games is one of two venues in the world where a U.S. military band and a grade I pipe band march and perform together as a single unit. Enjoy Highland dancing competitions, athletics [heavy events], and historical re-enactments. Dress in traditional Scottish attire. After the closing ceremony head over to the Ceilidh to enjoy a hosted, authentic, dinner as you take in the lively music and dancing. No refunds.

Age: 8+ ■ Senior Center Departure-Van

Session	Day	Time	Fee	Course
Aug 31	Sa	11:15 a.m.-8:30 p.m.	\$64	#93255



New Exploratorium on Pier 15

The Exploratorium has a new location on Pier 15. It boasts 150 new exhibits and many classics too and is a twenty-first-century learning laboratory, an eye-opening, always-changing, playful place to explore and tinker. For more than forty years, we've built creative, thought-provoking exhibits, tools, programs, and experiences that ignite curiosity, encourage exploration, and lead to profound learning. Dive in and discover what the Exploratorium is all about. Lunch on your own at the museum café. 15 minute walk from BART to museum. Register early August. No refunds.

Age: 21+ ■ North Concord BART Departure-Platform 2 ■ Verne Van Vlear

Session	Day	Time	Fee	Course
Sep 7	Sa	9 a.m.-5 p.m.	\$20	#93240



Transportation

Please Note:

Unless otherwise specified, day trips use City-operated 15-passenger vans equipped with bench style seating. These vans offer limited accessibility. Please call Registration at 671-3404 for more information.

3 Ghiradelli Chocolate Festival

There is no place like home in SF for the ultimate Chocolate Festival at Ghiradelli Square on the Wharf. Events include two culinary stages with chef demonstrations, chocolate samplings, tickets provided for ice cream sundaes, and cupcakes etc.; an 'Earthquake' ice cream eating contest, a Smart phone hunt for chocolate to win a sweet treat, plus boutique shopping in the square and on the vendor sidewalk. A fun day with a beautiful view, music and merriment. August 28 registration deadline. No cancellations or refunds after cutoff date.



Age: 8+ ■ Senior Center Departure-Van				
Session	Day	Time	Fee	Course
Sep 14	Sa	9:30 a.m.-5:30 p.m.	\$60	#93212

Yosemite National Park & Stay at Chukchansi Gold Resort

We proceed to the Chukchansi Gold Resort and Casino for your 2 night stay. The Chukchansi Resort features an indoor-outdoor pool, a Spa and Italian Restaurant. Experience Yosemite National Park via the Yosemite Valley Tram Tour and see the glacial gorges and waterfalls. Enjoy a delicious hosted lunch at the Ahwahnee Hotel. Browse at the visitor's center. This trip also includes a stop at the Hillmar Cheese Company with a hosted buffet lunch. Register early August. No refunds.

Age: 21+ ■ Senior Center ■ TBD				
Session	Day	Time	Fee	Course
Sep 17-19	Tu-Th	Depart 8 a.m.	Return 8 p.m.	#93249
\$392 Double Occ				
\$524 Single Occ				

4 Simi Winery and Healdsburg

Simi Winery is in Alexander Valley of Sonoma Wine Country. Near Healdsburg, Simi is one of the oldest wineries in the state, and one of only four authorized to continue production during Prohibition. Learn more on our Docent led tour. Simi was founded by three siblings. One was the first women to run a winery and start the first tasting room in Sonoma County. Then we are off to Healdsburg for lunch on your own and time for shopping. Note: This winery has two flights of 24 stairs going down to the historic cellar. The tour is both indoor and outdoor. Register by August 28. No cancellations after trip cutoff date.

Age: 21+ ■ Senior Center Departure				
Session	Day	Time	Fee	Course
Sep 24	Tu	9 a.m.-5 p.m.	\$43	#93219



2 Apple Hill

The Apple Hill is located in and around Camino just east of historical Placerville in the foothills of the Sierra Nevada Mtns. Our destination is High Hill Ranch. Enjoy a hosted BBQ chicken lunch. Taste an optional goodie such as apple pie, cake, homemade caramel apples, fresh apple donuts and fritters, ice cold apple juice and apple wine tasting. Hop aboard an old fashioned Hayride. A tasty apple treat will be included on way home. Register early August. No refunds.

Age: 21+ ■ Senior Center Departure-Motorcoach				
Session	Day	Time	Fee	Course
Sep 28	Sa	7 a.m.-6:30 p.m.	\$70	#93248

Trips & Tours Procedures

Full Payment is required for all day trips and overnighters at the time of registration, unless specified otherwise.

Customers have the following ways to register.

- Walk in to the Senior Center Travel Desk. (Travel Desk is open from 9 a.m.-noon, Mon, Tue, Wed, Fri)
- Phone in to (925) 671-3320 Mon, Tue, Wed, Fri from 9 a.m.-noon
- www.ConcordReg.org

Van trips operate on first-come, first-served seating. The vans are equipped with bench style seating and limited accessibility.

Seats are assigned for Motorcoach trips.

Refunds may be requested up to the trip cut off date with a \$5 cancellation fee incurred. Unfortunately, refunds will not be honored after the trip cut off date. Refunds, less \$5, may be requested with 30 days or more notice on trips without cut off dates. In the event that you request a refund after the trip cut off date the following may occur: If there is a wait list for the trip and someone from the waiting list is willing to take the space vacated by you, you will receive all but \$5 of the amount that you have paid for the trip.

 **Reno at the Silver Legacy Hotel**

Enjoy the fall foliage aboard our motor-coach as we journey onto a 1-night stay at Silver Legacy Hotel and Casino in Reno. We'll visit the Nugget in Sparks, for a 3-hour stop, and \$5 free play en-route to the hotel. Day 2 we're off to Boomtown for a 4-hour stop and \$5 free cash and \$5 food credit. Optional buffet dinner show 'Grease' is available as an add on to this trip. Register by August 21. No refunds or cancellations after trip cutoff date.

Age: 21+ ■ Senior Center Departure-Motorcoach

Session	Day	Time	Fee	Course
Oct 8-9	Tu-W	Depart 8 a.m Return 8 p.m.		#93256
\$92.50 Double Occ /\$137 Double Occ with Show				
\$110.50 Single Occ /\$155 Single Occ with Show				

 **San Jose Museum of Quilts and Textiles**

We visit the first museum in the U.S. devoted to quilts and textiles as an art form. With a collection of 550 quilts, garments and ethnic textiles, we have a special docent tour of the Exhibit: Collecting Beauty. See 30+ quilts from 1850 to the 21st century. Learn about 150 years of history in one quilt pattern. There will be time to browse. Enjoy lunch on your own in the area and return to the Quilt Museum or visit one of two small Art Museums nearby at no additional cost. Register by September 20. No cancellations or refunds after trip cutoff date.

Age: 21+ ■ Senior Center Departure-Van

Session	Day	Time	Fee	Course
Oct 9	W	9 a.m.-4:30 p.m.	\$49	#93221

 **Red Hawk Casino**

Red Hawk Casino in Placerville, offers all the amenities and attractions you'd expect in a Northern California casino. Not to mention it is surrounded by the amenities nature provides-beautiful views, breathtaking scenery and an unforgettable experience. Red Hawk Casino has a game for you ~ in every way you like to play ~ in their world class gaming floor. Your luck is about to change, 2000 Slot Machines, Progressive Jackpots, 75 Table Games, great restaurants, gift shop, and much more! Minimum 40 registered by October 1. No refunds or cancellations after trip cut-off date.

Age: 50+ ■ Senior Center Departure-Motorcoach

Session	Day	Time	Fee	Course
Oct 15	Tu	9 a.m.-5:30 p.m.	\$31	#93260

 **Halloween Eve Ghost Stories**

Boo-oo! Don't jump! It's not a real ghost but ghostly-like storytellers telling you tales of the Palace Hotel. Let's go to the luxurious Palace Hotel in San Francisco to hear strange stories of the past in the various elegant rooms. Such as the tale of the Lady in Red, who roams the Palace halls. Kings and presidents died here; gunshots echoed through stately corridors, romances ended tragically. Dinner before the program, and shopping on your own, at the Westfield Downtown Shopping Center, or go to the popular Union Square. The date is to be confirmed. Register by October 14. No cancellations or refunds after cutoff date.

Age: 21+ ■ Senior Center Departure-Van

Session	Day	Time	Fee	Course
Oct 30	W	2:30-8:30 p.m.	\$49	#93232

 **Lodi Sand Hill Crane Festival**

For 16 years Lodi's Sand hill Crane Festival has celebrated the return of the Cranes coming from as far away as Siberia. In awe-inspiring numbers, a prehistoric call, and stately gait, the cranes draw thousands. We will join the event having lunch on your own after a drive through downtown Lodi. Enjoy time at the festival before taking a Crane Roving by bus. A Fish and Game naturalist will guide us to viewing these bright cranes vocalizing, feeding, dancing, or flying in a 2 1/2 hour adventure. Register by October 9. No cancellations or refunds after the cutoff date.

Age: 21+ ■ Senior Center Departure-Van

Session	Day	Time	Fee	Course
Nov 2	Sa	9 a.m.-4:30 p.m.	\$69	#93233

 **Golden Gate Fields A Day at The Races**

Win, Place, Show and here we go: we return to the Races as VIP's at the Turf Club with our own host to receive us and assist our group. (Gratuity included) Our package includes all you can eat at the 'Prime Rib Buffet', Turf Club entry; an Official Racing Program with 'Concord City Group' printed in the program; A Group Welcome on the Infield Board. The first six to register will have Winner's Circle Privileges! Place your Bets and HAVE FUN! October 2 registration deadline. No cancellations or refunds after the cutoff date.

Senior Center Departure-Motorcoach

Session	Day	Time	Fee	Course
Nov 7	Th	10:30 a.m.-5:30 p.m.	\$73	#93213

Recreation reduces isolation and loneliness.

Recycling Today for a Better Tomorrow

See the family-owned facility that is roughly 90,000 square feet: one of the largest recycling centers in Northern California! Using ultra-efficient machinery called Big Blue, Mt. Diablo Recycling is continually increasing the amount of recycling it accepts each year, which means more material is kept out of the landfill. Enjoy a behind the scenes tour of the facility start to finish. Mt. Diablo Recycling also offers a buy back center. Go home with a special gift. Lunch on your own, at Streets of Brentwood following the tour. Register by November 1. No cancellations or refunds after cutoff date. Date subject to change for optimal machinery operation viewing.

Age: 50+ ■ Senior Center Departure-Van

Session	Day	Time	Fee	Course
Nov 16	Sa	10 a.m.-3 p.m.	\$25	#93258

Cirque du Soleil

Amaluna is synthesis of circus styles from around the world, with eye catching costumes and live music. The center revolving stage, invites the audience to a mysterious island governed by Goddesses and guided by the cycles of the moon. Queen, Prospera, directs her daughter's coming-of-age ceremony. Young men land on the island, triggering an epic, love story between Prospera's daughter and a brave young suitor. Dinner on your own at the Ferry building after show. Register by November 4. No refunds.

Age: 8+ ■ Senior Center Departure-Van

Session	Day	Time	Fee	Course
Dec 1	Su	4:30-9:45 p.m.	\$79	#93257

Porgy & Bess at the Orpheum Theatre

The #1 Broadway Musical of the year! GERSHWINS' PORGY AND BESS includes such legendary songs as 'Summertime,' and 'I Got Plenty of Nothing' accompanied by a 23-piece orchestra. The classic story set in Charleston's fabled Catfish Row, where Bess struggles to break free from her past, and the only one who can rescue her is the crippled Porgy. Porgy and Bess' relationship evolves into a deep romance that is as one of theatre's most exhilarating love stories. It is a limited engagement at the Orpheum. Limited tickets. Register by November 4. No refunds.

Age: 21+ ■ North Concord BART ■ Mary Ann Sams

Session	Day	Time	Fee	Course
Dec 4	W	12:15-5:26 p.m.	\$46	#93439

Nutcracker Ballet

Tchaikovsky's marvelous and enchanting ballet is presented at the Morman Temple Hill in Oakland. The Temple symphony orchestra and Rachel's Ballet of Fremont bring us the tradition of Clara's adventure and awe of the Christmas tree. Her Nutcracker is the leader of the toy soldiers and who battles with the Mouse King. Enjoy the Prince, Sugar Plum Fairy and dances from around the globe. Enjoy the awesome Temple Hill lights and live Nativity scene. Bring a child age 8+ to enjoy it with you. November 20 registration deadline. No refunds.

Age: 8+ ■ Senior Center Departure-Van

Session	Day	Time	Fee	Course
Dec 6	F	5-9:45 p.m.	\$41	#93229

Dickens Christmas Fair

Get in the Holiday Spirit with an adventure into Victorian London at the Cow Palace. There are costumed players and you can dress up too. See 120,000 sq. feet of music halls, pubs, choral groups and Christmas shops on winding lanes. Smell enticing aromas of roasted chestnuts and hearty foods by gourmet chefs from around the world. All this along with performances on six stages and in the streets including energetic song and dance in Fezziweg's Warehouse and boisterous music hall performers in Mad Sal's Dockside Alehouse. Register by November 15. No refunds.

Age: 6+ ■ Senior Center Departure-Van

Session	Day	Time	Fee	Course
Dec 7	Sa	10 a.m.-5 p.m.	\$49	#93245

San Francisco Holiday Highlights

Join a special tour of the inside Holiday Highlights of San Francisco. See the traditional tree of Cranes, and learn the story of the girl in Japan. Visit the Palace Hotel for the Gingerbread competition of master chefs. Off to Union Square for the St. Francis Hotel 15' Gingerbread Castle, Union Square Tree and Macy's Holiday Lane. Then, at the Fairmont Hotel on Nob Hill see the life sized Gingerbread House followed by the Hyatt Regency spectacular lobby and ice rink. Last a drive thru of Fisherman's Wharf and Pier 39, with surprise ending! Register by November 20. No cancellations or refunds after cutoff date.

Age: 21+ ■ Senior Center Departure-Van

Session	Day	Time	Fee	Course
Dec 10	Tu	3-9:45 p.m.	\$51	#93222

Couples that share leisure interests are less likely to separate and divorce.



4 Journey to Living Bethlehem

A 35,000-square-foot live interactive outdoor Nativity / play in downtown Livermore, and it's called 'Living Bethlehem.' The actors perform the scenes in and around you. Rub elbows with Roman soldiers, watch angel Gabriel appear in the heavens. The show culminates with the manger scene. The show features 115 actors, as well as dozens of live animals, including a camel. Dress for cold weather. Performance is standing and moving outside. Information is subject to change. Register by November 25. No cancellations or refunds after cutoff date.

Age: 21+ ■ Senior Center Departure-Van

Session	Day	Time	Fee	Course
Dec 14	Sa	5-10 p.m.	\$25	#93246

3 Magnificent Marin Holiday Lights

We go on a mega-watt tour of Christmas lights at the famous homes in Marin. There's the bubble-blowing bear home, surrounded by animated figures, and trains. Then off to Linda's unique mid-century wonderland display. We'll marvel at two spectacular displays of Walt Disney toys, and framed by Mickey Mouse-shaped topiaries. Our final visit is to the Rombeiro family's lavishly decorated home, complete with 80,000 lights, a herd of reindeer and faux snow. Inside, are rooms dedicated to Santas, angels, and a miniature town. The family has greeted people for 20+ years! Register by December 2. No cancellation or refunds after the cutoff date.

Age: 21+ ■ Senior Center Departure-Van

Session	Day	Time	Fee	Course
Dec 19	Th	4:30-9:30 p.m.	\$43	#93230
Dec 21	Sa	4:30-9:30 p.m.	\$43	#93231

R = Concord Resident NR = Concord Non-Resident

HIKES

4 Giant Sequoia Tree Wine Hike

Moderate 8-mile trek with gradual climb near Jack London State Park, featuring a roller coaster ride under redwoods with great views, deep valleys and fern lined creeks. We'll lunch on the trail, find the great tree & return by 4:30. There is a fun optional wine & chocolate tasting on Sonoma Creek. Meet at 9:15 a.m. in the North lot at Jack London Village complex.

Age: 18+ ■ Transport self to trail head ■ Tom Bold

Session	Day	Time	Fee	Course
Sep 21	Sa	9:15 a.m.-5:30 p.m.	\$34R/\$39NR	#93226

4 Coyote Peak/ Redwood Forest and Wine Castle Adventure

Don't miss this 5-7 mile trek through the farthest Eastern Grove of Coastal California Redwoods, with a gradual trek to 1170 ft. After the hike we will have a picnic at a private lakeside setting with views of the Northern Napa Valley. We then will ramble through an authentic Tuscan style War castle and taste fine wines. Don't forget the camera.

Age: 18+ ■ Transport Self to Trail Head ■ Tom Bold

Session	Day	Time	Fee	Course
Oct 13	Su	9:15 a.m.-5:30 p.m.	\$34R/\$39NR	#93250

4 Valley of the Moon, Wine and Historical Hike

An easy 3-4 mile wine and historical hike along the creek and fern lined trails, through the Miwok Indian Caves, to a hidden waterfall flower lake, and the oldest reserve commercial winery in California. Enjoy a picnic lunch under the shady old Oaks overlooking the serene valley vineyards.

Age: 18+ ■ Transport self to trail head ■ Tom Bold

Session	Day	Time	Fee	Course
Nov 16	Sa	9:30 a.m.-4:30 p.m.	\$34R/\$39NR	#93251

4 Skyline Wilderness Adventure

This moderate to slightly strenuous trek is 8-9 miles to an elevation of 1200'. Experience lots of wildlife, incredible views, creek crossings, caves, a hidden lake, huge ferns and moss covered cliffs with a waterfall ladder that takes us down to a deep canyon. A great trek!

Age: 18+ ■ Transport self to trail head ■ Tom Bold

Session	Day	Time	Fee	Course
Dec 7	Sa	9:30 a.m.-4:30 p.m.	\$34R/\$39NR	#93252

ARTS AND CRAFTS

Fun with Yarn

Bring the craft that you enjoy or come to learn a new craft, knitting or crocheting. Join other crafty people and enjoy their company as you work on your craft or learn a new one. Enjoy camaraderie and support of people of all levels. This class is for beginners or those refreshing their skills.

Age: 21+ ■ Senior Center

Session	Day	Time	Fee	Course
Sep 13-Dec 20	F	9:30-11:30 a.m.	\$20	#93152

The Art of Japanese Brush Painting and Calligraphy

Anyone is welcome to join this class to learn how to paint trees, flowers, fruits, a cat or dog with simple brush strokes. Learn to write your name and other words with Japanese calligraphy. A supply list will be provided, or purchase the supplies from the instructor. Ann has been teaching art over 50 years.

Age: 50+ ■ Senior Center ■ Ann Nakatani

Session	Day	Time	Fee	Course
Sep 11-Oct 30	W	10:30-11:30 a.m.	\$51	#93153
Nov 6-Dec 18	W	10:30-11:30 a.m.	\$45	#93154

**Parks
Make
Life
Better!**



Japanese Brush Painting

“Ann is an inspiring teacher. She helps one develop their own talent with gentle encouragement and clear guidance. Anyone can be an artist with Ann as their teacher.”

Kimberley Moore

Japanese Brush Painting Student

Senior Center Classes
See pages 33-39

COMPUTERS / TECHNOLOGY

Open Technology Lab:
Computers, Cell
Phones and Tablets

Free Technology Lab time from 9:30-11:30 a.m. every Monday and Friday that the building is open. No registration necessary. There will be a computer monitor on hand to assist you with any computer related question. Have a tablet or a laptop? Bring it with you to lab. The monitor can also provide guidance on your cell or smart phone.

Age: 50+ ■ Senior Center ■ Immaculate Adesida

Applications for Smart
Phones, Tablets and E-readers

Wondering what you can do with your new device? I'm sure you heard the phrase 'There's an app for that'. Applications can be found for most anything: music, cooking, reading, health, news, photos, sports, travel and more! This class will introduce you to three different apps. We will assist you in downloading apps to your device. Find out what kind of device you have prior to class and bring it with you to class. No class September 27.

Age: 50+ ■ Senior Center ■ Walter Sanchez

Session	Day	Time	Fee	Course
Sep 13-Oct 4	F	2:45-4:15 p.m.	\$15	#93327
Dec 2-16	M	2:45-4:15 p.m.	\$15	#93328

Computer Nuts and Bolts

You will be introduced to basic computer functions such as: how to turn on the computer and logon, navigate with a mouse and find software applications. Learn basic functions on the web such as launching a browser, enlarging text on web pages and creating a free email account. Discover how to navigate the Internet using different search engines. No class September 23.

Age: 21+ ■ Senior Center ■ Walter Sanchez

Session	Day	Time	Fee	Course
Sep 9-30	M	1-2:30 p.m.	\$15	#93279
Oct 14-28	M	1-2:30 p.m.	\$15	#93281
Nov 8-22	F	1-2:30 p.m.	\$15	#93280
Dec 6-20	F	1-2:30 p.m.	\$15	#93282

Facebook

You will be introduced to the popular social networking website-Facebook. Through discussion and hands-on experience, you will set up an account. Experience the excitement and benefit that can come from networking with friends and family. Registered students should have a basic knowledge of how to use the Internet. Participants need an email address prior to attending this class.

Age: 21+ ■ Senior Center ■ Walter Sanchez

Session	Day	Time	Fee	Course
Oct 11-18	F	2:45-4:15 p.m.	\$19	#93276
Nov 18	M	2:45-5:45 p.m.	\$19	#93275

Introduction to Computers With Internet Topics

Introduction to Windows: This class includes terminology, familiarization with the desktop, using the mouse, using toolbars and menus, creating shortcuts, and opening and closing programs. **File Management:** Where did my files go? You will learn how to save files so they can be easily located, creating folders. A basic introduction to the Internet will be given. No class September 23.

Age: 21+ ■ Senior Center ■ Walter Sanchez

Session	Day	Time	Fee	Course
Sep 9-30	M	2:45-4:15 p.m.	\$15	#93283
Oct 14-28	M	2:45-4:15 p.m.	\$15	#93285
Nov 8-22	F	2:45-4:15 p.m.	\$15	#93284
Dec 6-20	F	2:45-4:15 p.m.	\$15	#93286

Introduction to Microsoft Word

Discover how you can utilize Microsoft Word for letters, flyers and more. You will learn how to insert pictures and clip art. You will be able to change font size, style, as well as bold and underline. Learn to copy information from one place and paste it into another location. Once you have created: learn to save, file and find what you save. No class September 27.

Age: 21+ ■ Senior Center ■ Walter Sanchez

Session	Day	Time	Fee	Course
Sep 13-Oct 4	F	1-2:30 p.m.	\$15	#93277
Oct 11-25	F	1-2:30 p.m.	\$15	#93278

How to Buy and Sell on EBAY and Craig's List

Two popular websites will be discussed in this class. eBay is an online auction and shopping website featuring a variety of new and used goods and services. Craig's List consists of classified advertisements devoted to jobs, housing, personals, for sale, and services. Learn how to buy or sell items of your choice.

Age: 21+ ■ Senior Center ■ Immaculate Adesida

Session	Day	Time	Fee	Course
Oct 11	F	5-7:30 p.m.	\$13	#93135

How to Use Your Cell Phone

Do you have a cell phone but don't know exactly how to use it? Have you designated an ICE (In Case of Emergency contact)? Learn how to enter contacts in your phone book. Establish speed dial for friends and family members with the touch of one or two buttons. Learn how simple texting can be.

Age: 21+ ■ Senior Center ■ Walter Sanchez

Session	Day	Time	Fee	Course
Nov 4	M	1-4 p.m.	\$13	#93335
Dec 9-16	M	1-2:30 p.m.	\$13	#93274

DANCE, MUSIC AND PERFORMING ARTS

Latin Moments Dance Momentos de Baile Latino

Todas las personas de 50 años y más están cordialmente invitados(as) los primeros lunes de cada mes al Baile Latino de 1:30 p.m. a 3:30 p.m. (excepto Septiembre). Venga a bailar cumbia, salsa y merengue mientras comparte momentos agradables disfrutando de aperitivos saludables.

Come enjoy every first Monday of each month from 1:30 p.m. to 3:30 p.m. (except September) to an afternoon of Latin Moments dancing salsa, cumbia and merengue with other Spanish speaking adults from 50+. Light healthy refreshments are served.

Age: 21+ ■ Senior Center

Session	Day	Time	Fee	Course
Oct 7	M	1:30-3:30 p.m.	\$3	#92355
Nov 4	M	1:30-3:30 p.m.	\$3	#92356
Dec 2	M	1:30-3:30 p.m.	\$3	#92357

Line Dance-Basic Beginner

Experts say that line dancing is an excellent form of aerobic activity. It keeps the heart rate elevated without putting a lot of stress on the joints. The real reason we line dance is because it is fun! Join the line dance class and see for yourself. No class November 29.

Age: 21+ ■ Senior Center ■ Dorothy F. Moore

Session	Day	Time	Fee	Course
Sep 13-Oct 25	F	9:10-10:10 a.m.	\$38	#93155
Nov 1-Dec 20	F	9:10-10:10 a.m.	\$38	#93156



Line Dance-Intermediate

Line dancing stimulates the heart. The class is a memory booster since you memorize the pattern of steps. The music alone is invigorating. Come join the fun. No class November 29.

Age: 50+ ■ Senior Center ■ Dorothy F. Moore

Session	Day	Time	Fee	Course
Sep 13-Oct 25	F	10:30-11:30 a.m.	\$38	#93157
Nov 1-Dec 20	F	10:30-11:30 a.m.	\$38	#93158

Sundown Line Dance Lite

The Sundown Line Dance Class is a group of friendly people that enjoy mainly beginner level and a few intermediate level line dances. The group meets in the evening to accommodate those with full-time jobs or have other obligations during the day. Prerequisite: Prior experience is recommended. No class November 11.



Age: 21+ ■ Senior Center ■ John Seman

Session	Day	Time	Fee	Course
Sep 9-Oct 28	M	7-8 p.m.	\$27	#93159
Nov 4-Dec 16	M	7-8 p.m.	\$21	#93160

Tap Intermediate

You will learn additional fancy footwork with precise rhythmic patterns. No class Nov 29.

Age: 50+ ■ Baldwin Park Dance Studio ■ Terry Davis

Session	Day	Time	Fee	Course
Sep 13-Oct 25	F	10:15-11 a.m.	\$38	#93161
Nov 1-Dec 20	F	10:15-11 a.m.	\$38	#93162

Old School Jazz

You will have FUN while dancing to your favorite songs from the 60's, 70's, 80's while getting in shape. You will get good exercise and learn how dancers stay in shape. You will increase your flexibility, strength, and coordination. You will get a great low cardio workout. Dance type shoes preferable. No class November 29.

Age: 21+ ■ Baldwin Park Dance Studio ■ Angelina Quesada

Session	Day	Time	Fee	Course
Oct 1-Nov 19	Tu	5:15-6:15 p.m.	\$43	#93128
Oct 1-Nov 19	Tu	7:45-8:45 p.m.	\$43	#93247

HEALTH AND FITNESS

Hearing, Hearing Loss, Tinnitus & Hearing Aids

Hear an explanation of the basic anatomy and physiology of the auditory system, types of hearing loss, signs, side effects of hearing loss, brain deprivation, ototoxic medications (medications that will affect hearing and balance systems), Tinnitus (ringing in the ears or brain), hearing aid models and the latest technology and communication strategies with the hard of hearing people.

Age: 21+ ■ Senior Center ■ Dr. Mimi Salamat

Session	Day	Time	Fee	Course
Sep 10	Tu	10-11:30 a.m.	Free	#92955

Hearing Screening with Dr. Mimi the Audiologist

If you are experiencing hearing difficulty and have NOT had a hearing evaluation before, you can have a BASIC Hearing Screening. Dr. Mimi, a clinical audiologist, will check your ears, perform a hearing screening and will talk to you about effective communication techniques.



Age: 50+ ■ Senior Center ■ Dr. Mimi Salamat

Session	Day	Time	Fee	Course
Sep 10	Tu	10-10:20 a.m.	Free	#93097
Sep 10	Tu	10:20-10:40 a.m.	Free	#93098
Sep 10	Tu	10:40-11 a.m.	Free	#93099
Sep 10	Tu	11-11:20 a.m.	Free	#93100
Sep 10	Tu	11:20-11:40 a.m.	Free	#93101
Sep 10	Tu	11:40 a.m.-12 p.m.	Free	#93434
Oct 8	Tu	10-10:20 a.m.	Free	#93102
Oct 8	Tu	10:20-10:40 a.m.	Free	#93103
Oct 8	Tu	10:40-11 a.m.	Free	#93104
Oct 8	Tu	11-11:20 a.m.	Free	#93105
Oct 8	Tu	11:20-11:40 a.m.	Free	#93106
Oct 8	Tu	11:40 a.m.-12 p.m.	Free	#93435

Antioxidants-What's All the Fuss About?

You probably hear the word 'Antioxidants' several times a day; but what are they, and how do they work to improve YOUR life? Find out what whole foods you should be choosing every day to increase your health and longevity. Learn the truth about chocolate, too!

Age: 21+ ■ Senior Center ■ Kylene Miller

Session	Day	Time	Fee	Course
Oct 16	W	6-7:30 p.m.	\$23	#93244

Fit & Low

The class is designed for active adults. It incorporates aerobic, strength, and choreographed patterns performed on the floor at low to moderate intensities, as desired, with low impact to the body. A segment of resistance training exercises may follow the cardiovascular workout, along with abdominal exercises, cool down and stretch. No class November 28.

Age: 50+ ■ Senior Center ■ Amelia Said

Session	Day	Time	Fee	Course
Sep 10-Oct 29	Tu	9:30-10:30 a.m.	\$43	#93165
Nov 5-Dec 17	Tu	9:30-10:30 a.m.	\$38	#93166
Sep 12-Oct 31	Th	10:30-11:30 a.m.	\$43	#93163
Nov 7-Dec 19	Th	10:30-11:30 a.m.	\$38	#93164

Qigong

Qigong is the practice of a series of slow gentle movements accompanied by visualizations which are designed to reduce stress, improve vitality, foster creativity and the enjoyment of life. Class is taught by Han and Angela Ong. No class November 11.

Age: 50+ ■ Senior Center ■ Han Ong

Session	Day	Time	Fee	Course
Sep 9-Oct 28	M	9:10-10:10 a.m.	\$35	#93168
Sep 9-Oct 28	M	10:30-11:30 a.m.	\$35	#93167
Nov 4-Dec 16	M	9:10-10:10 a.m.	\$27	#93170
Nov 4-Dec 16	M	10:30-11:30 a.m.	\$27	#93169

Qi Gong & Tai Chi for Health-Intermediate

Students study an entire sequence of Sun Style Short Form. Deeper layers are explored. Yang Style 24 Form will be introduced this quarter. Qi gong sets will be taught to increase flow, stamina, and relaxation. Instructor Robin Malby, a certified Master Trainer for Dr. Paul Lam, has studied and taught Qi gong/Tai Chi since 1999. No class November 26.

Age: 50+ ■ Senior Center ■ Robin Malby

Session	Day	Time	Fee	Course
Sep 17-Dec 10	Tu	5:45-6:45 p.m.	\$63	#93172

Qigong & Tai Chi for Health PM-Advanced

Students perform all Sun Style Short Form movements and refine to a deeper level, explore tai chi principles, qi gong, the 42 Combined Forms style, Yang Style and other combined Tai Chi for Health programs. Instructor Robin Malby, a certified Master Trainer for Dr. Paul Lam, has studied Qi gong/Tai Chi since 1999. No class November. 26

Age: 50+ ■ Senior Center ■ Robin Malby

Session	Day	Time	Fee	Course
Sep 17-Dec 10	Tu	4:30-5:30 p.m.	\$63	#93173

Qigong as a Path to Balanced Health

Qigong exercises gently increase energy, vitality, strengthen the body and immune system, create relaxation and improve balance. Qigong forms by respected healers will be taught which include standing, moving and seated breathing visualizations. Instructor Robin Malby has studied/taught since 1999 and holds multiple certifications in Qigong & Tai Chi styles. No class November 27.

Age: 50+ ■ Willow Pass Community Center ■ Robin Malby

Session	Day	Time	Fee	Course
Sep 18-Dec 11	W	9:30-10:45 a.m.	\$63	#93174

Un-Believe-A-Ball

This non-traditional resistance training class incorporates a 55cm stability resistance ball, used by physical therapists. Using the ball as our primary tool we will actively engage the core, improve balance and challenge muscles in unbelievable ways. All you need is a mat and a positive attitude to succeed in this class.

Age: 21+ ■ Baldwin Park Dance Studio ■ Andrea Legault

Session	Day	Time	Fee	Course
Oct 15-Nov 12	Tu	9:30-10:30 a.m.	\$28	#93242
Nov 19-Dec 17	Tu	9:30-10:30 a.m.	\$28	#93243

Yoga and Wellness

We now know for sure that there is a connection between Body and Mind. Yoga is a bridge to connecting the two. It is a fun, healthy activity that might just help what's been ailing you. Give it a try! Bring your own mat, a towel to soften the hard floor, and wear loose clothing. No excuses or prior experience necessary! No class November 28.

Age: 50+ ■ Baldwin Park Dance Studio ■ Maxine Davis

Session	Day	Time	Fee	Course
Sep 12-Oct 31	Th	9:15-10:15 a.m.	\$67	#93190
Nov 7-Dec 19	Th	9:15-10:15 a.m.	\$51	#93191

Yoga for Seniors Beyond Basics

This class will provide you with strength, flexibility, spinal alignment and relaxation, which contribute to a healthy back and whole body. Hatha yoga includes breathing exercises, physical postures, and relaxation techniques and is beneficial for people at any age and level of physical ability. Class is performed standing or seated. Bring a yoga mat to stand on during class. No floor work. Completion of a four yoga class series is a prerequisite.

Age: 50+ ■ Baldwin Park Dance Studio ■ Maxine Davis

Session	Day	Time	Fee	Course
Sep 10-Oct 29	Tu	11 a.m.-12 p.m.	\$67	#93192
Nov 5-Dec 17	Tu	11 a.m.-12 p.m.	\$59	#93193

Zumba Gold

This fun class incorporates Latin dances and cardio exercise. Zumba Gold is designed for the active older adult, the true beginner and/or people who are not used to exercising or who may be limited physically. It is done at a low intensity. Zumba can be done from a chair or wheelchair. Listen to upbeat music as you exercise. No class November 28.

Age: 50+ ■ Senior Center ■ Amelia Said

Session	Day	Time	Fee	Course
Sep 10-Oct 29	Tu	10:30-11:30 a.m.	\$43	#93175
Sep 10-Oct 29	Tu	11:30 a.m.-12:30 p.m.	\$43	#93177
Sep 12-Oct 31	Th	11:45 a.m.-12:45 p.m.	\$43	#93178
Nov 5-Dec 17	Tu	10:30-11:30 a.m.	\$38	#93176
Nov 5-Dec 17	Tu	11:30 a.m.-12:30 p.m.	\$38	#93180
Nov 7-Dec 19	Th	11:45 a.m.-12:45 p.m.	\$33	#93179

Healthy Food Healthy You Cooking Class

Learn how to cook salads, salad dressings, soups, or stews by using fresh fruits and vegetables from the local farmers' market. Information is provided on the nutritional benefits of the meals cooked, how to safely store fruits and vegetables, and how to shop on a budget. Taste the meals and then cook them at home with the provided recipe. This class is brought to you in collaboration with Fresh Approach. No class November 26.



Age: 21+ ■ Senior Center ■ Laura De Tar

Session	Day	Time	Fee	Course
Nov 5-Dec 3	Tu	12:30-1:30 p.m.	\$36	#93431

SPECIAL EVENTS

Hawaiian Fusion

Aloha! You and your family are invited to the 12th annual Hawaiian Fusion event at the Centre Concord. This taste of Hawaii includes an authentic Hawaiian buffet dinner and concert with the multi-talented recording artist Nathan Aweau. The Hawaiian Boutique and no host bar open at 4:30 p.m. and dinner begins at 6:30 p.m. The show is scheduled to get underway at 7:45 p.m. This enjoyable evening will raise funds for the senior center scholarship and programs at the Concord Senior Center.



Age: 12+ ■ Centre Concord

Session	Day	Time	Course
Sep 6	F	4:30-9:30 p.m.	#92251

\$48 individual tickets

Gift and Craft Fair

The Concord Senior Center will be hosting the Gift and Craft fair. Forget the crowds and the swamped parking lots. Fulfill all your holiday shopping needs with unique hand crafted gifts items and delicious homemade goodies. Free to attend fair. Vendors sign up now for a 5-foot table and two chairs.

All Ages ■ Senior Center

Session	Day	Time	Fee	Course
Dec 6	F	9:30 a.m.-2:30 p.m.	\$40	#92224

SPECIAL INTEREST



My Family Stories

Family Stories are much more than names and dates. They are the DNA that distinguishes our family from all others. They are the thread that connects us to the human family - the 'fall off the chair' humor that we hear from Uncle Jim at the holiday dinner or a chapter that helps us understand. It is our job, as part of the older generation, to capture and record some of those stories. We support each other in this writing adventure. No class November 27.

Age: 50+ ■ Senior Center ■ Ann Thomas

Session	Day	Time	Fee	Course
Sep 11-Oct 16	W	10-11:30 a.m.	\$42	#93238
Oct 23-Dec 4	W	10-11:30 a.m.	\$42	#93239

Sexuality in Later Life

In this workshop, participants will identify the wide range of attitudes and feelings regarding sexuality among older adults. Participants will discuss their own attitudes and feelings about sex in mid and later life. Examine the concept of sexual scripts and the importance of re-evaluating one's script as one ages. Learn some basic facts concerning sexuality and aging. This workshop is brought to you by Planned Parenthood.

Age: 50+ ■ Senior Center ■ Jewel Fink

Session	Day	Time	Fee	Course
Sep 18-25	W	9:30-11:30 a.m.	\$2	#93436

Getting A Second Wind Men and Sexuality at Mid & Later Life

In this workshop participants will identify sources of messages about male sexuality and the impact of those messages on sexual attitudes, values and behaviors as men age. Review basic male anatomy, noting the impact of aging on physiological responses. Evaluate the idea of 'Good Enough Sex'. This workshop is brought to you by Planned Parenthood.

Age: 50+ ■ Senior Center ■ Jewel Fink

Session	Day	Time	Fee	Course
Nov 6-13	W	9:30-11:30 a.m.	\$2	#93438

Getting a Second Wind Women & Sexuality at Mid & Later Life

In this workshop participants will identify family, media, and societal messages about women at midlife. Examine key changes women experience with respect to sexuality through the lifespan. Review basic female anatomy, noting the impact of aging on physiological responses. Reflect on current truths about women's sexuality at midlife. This workshop is brought to you by Planned Parenthood.

Age:50+ ■ Senior Center ■ Jewel Fink

Session	Day	Time	Fee	Course
Oct 19-26	Sa	9:30-11:30 a.m.	\$2	#93437

Volunteer Orientation

Learn about volunteer opportunities at the Concord Senior Center. Please download and print a volunteer application at http://www.cityofconcord.org/pdf/recreation/programs/senior_volunteers.pdf. Please turn in application to the senior center a week before the orientation.

Age: 16+ ■ Senior Center

Session	Day	Time	Fee	Course
Sep 24	Tu	10:30-11:30 a.m.	Free	#93181
Oct 22	Tu	10:30-11:30 a.m.	Free	#93182
Nov 19	Tu	10:30-11:30 a.m.	Free	#93183

HEALTH AND FITNESS

Body Work By Kelly Grant

Kelly Grant is a graduate from NHI. She is a 16 year massage therapist providing body work using different styles of therapy. Reflexology works on the hands and feet. Shiatsu applies thumb pressure to areas of the body over loose clothing. Neck and Shoulder work-will release tension. Japanese foot massage uses a combination of Reflexology & Shiatsu techniques. Register for 2 time slots if you desire an hour. Occurs every Monday with the exception of September 2, November 11, December 23 and 30. To register call 671-3320 ext. 1 or visit www.concordreg.org.

Senior Center \$35 for 30 minutes or \$45 for 60 minutes

9:15-9:45 a.m.

9:50-10:20 a.m.

10:25-10:55 a.m.

11-11:30 a.m.

11:35 a.m.-12:05 p.m.

Holiday Program Helps Concord Seniors Struggling With Poverty and Loneliness

Share the holiday spirit and take part in the Be a Santa to a Senior (BASTAS) service program. It's a way to brighten the lives of lonely or isolated seniors in your community. This program has touched so many lives... in the last eight years, 62,000 volunteers delivered 1.2 million gifts to more than 700,000 seniors.

The BASTAS program will positively impact our community by providing holiday cheer and gift giving to seniors who are least likely to receive a present and who are lonely and financially needy. The local Home Instead Senior Care® office and the Concord Commission on Aging and Concord Senior Center are partnering with non-profit organizations and businesses in the community in providing gifts for the 2013 BASTAS program.

How the program works:

- Area non-profit agencies will provide the names of lonely or financially challenged older adults in our community, as well as gift ideas for each senior.
- Volunteers will write the first name or code name of the participating senior, and their gift preferences, on a Be a Santa to a Senior gift tag. Each tag will be placed on the Christmas tree by program volunteers.
- Program volunteers will regularly collect gifts and refresh gift tags as needed. The final gifts will be collected on December 20.
- Be a Santa to a Senior® volunteers will wrap gifts and deliver the gifts to each participating senior on December 21.

How you can help:

- Set up a Christmas tree in a high traffic area and post a pre-printed sign next to the tree during the holiday season. If you're unable to put a tree in the shopping area, consider placing it in your employee lounge. Or if you don't have a large space for a tree, consider using a wreath. Program runs from mid-November to mid-December.
- Your monetary donation will assist in purchasing gifts for needy seniors in our community. Your business may prefer to donate gifts such as: twin-size blankets, gift cards, gift wrapping supplies or host our gift wrapping party by providing refreshments on December 21.
- Volunteer to help with gift wrapping and delivering gifts to seniors on December 21.

If you would like to contribute, take part by volunteering or have questions about the program contact Avis Connolly at (925) 671-3419 or by email avis.connolly@cityofconcord.org.

Concord Senior Center

Health & Human Services

City of Concord - 50 & Better Program

Care Manager

Discover a wide variety of assistance and resources available to you in the community. Appointments are available on **Monday and Wednesday from 9:30 a.m.-3 p.m., and Thursday from 9:30-11:30 a.m.** For more information or to schedule an appointment contact the center.

CCCafe Hot Lunch Program

Café is open to adults 60+ and younger spouses and seniors. **Meals are served daily at 11:30a.m.** You are required to register prior to starting the program. Contact the Café at (925) 825-1488 between 9 a.m. and 11:30 a.m. for more information and a menu.

Blood Pressure Screening by John Muir Health Senior Services

Screenings are scheduled on the **third Friday of each month at 9:30 a.m. to 10:30 a.m.** No appointment necessary.

Vision Support Group

Michael Mailer with the Lions Center for the Visually Impaired leads a **FREE** monthly support group for the visually impaired every **2nd Wednesday of the month at 1 p.m.** No registration necessary.

Senior Peer Individual Counseling

Contra Costa Health Services Senior Peer Counseling offers individual one-on-one, 45 minute counseling sessions **each Tuesday, 12-4 p.m.** Services are free and confidential. Call for an appointment.

HICAP - Health Insurance Counseling and Advocacy Program

Program provides free counseling about Medicare Benefits, Medicare Supplements, HMO's and Nursing Home Insurance. Advisors are available on the **1st, 2nd, 3rd and 4th Friday of each month from 1-3 p.m. and 1st & 2nd Tuesday from 12:30-2:30 p.m.** Appointments are required to see a counselor.

Legal Assistance - Currently there is no lawyer on site. For legal assistance call **Contra Costa Senior Legal Services at (510) 374-3713.**

Notary Services - Services are provided free of charge from **10:30-11:30 a.m. every Monday and Wednesday, 1-2 p.m.** No appointment necessary.

AARP Driver Safety

This course is taught on the **1st and 2nd Wednesday every other month from 9 a.m.-1 p.m.** Cost for AARP members: \$12; cost for non members: \$14. Call to register.

Senior Center Scholarship Program

Scholarship Program is available to adults 50+ residing in Concord who wish to participate in the Parks and Recreation Program. Approved applicants are eligible for a maximum of \$100 per individual per year. Complete application and make an appointment with the care manager to access the program

Memory Screening

Screenings will held on **4th Monday of each month from 1-3 p.m.** with the exception of May (holiday).

Alzheimer's Support Group - Alzheimer's Support group meets on **4th Wednesday from 1:15-3:15 p.m.**

The Senior Center partners with non-profit agencies in expanding services to meet the needs of the 50 & Better community. This joint effort is vital to serving the entire community. Call the Senior Center at (925) 671-3320 for an appointment or for more information between 9 a.m. and 12 p.m., press option 1, or email concordsc@cityofconcord.org.

FALL 2013 SATURDAY CLASSES

Aquatots

Age: 10 months–36 Months ■ Concord Community Pool ■ \$48R/\$53NR

Sessions Days 11:35 a.m.–12:05 p.m. 12:10–12:40 p.m.

Sep 7–Oct 12 Sa # 92530 # 92523

Sep 3–26 Tu, Th # 92531 # 92524

Pre-school

For children who are comfortable in the water without parents and can put their face in.

Age: 3–5 ■ Concord Community Pool ■ \$48R/\$53NR

Sessions Days Time Course

Sep 7–Oct 12 Sa 9:50–10 a.m. # 92596

Sep 7–Oct 12 Sa 10:25–10:55 a.m. # 92581

Sep 7–Oct 12 Sa 11:00–11:30 a.m. # 92597

Sep 7–Oct 12 Sa 11:35 a.m.–12:05 p.m. # 92582

Sep 7–Oct 12 Sa 12:10–12:40 p.m. # 92583

Elementary

Age: 6–14 ■ Concord Community Pool ■ \$48R/\$53NR

Sessions Days Time Course

Sep 7–Oct 12 Sa 9:50–10:20 a.m. # 92623

Sep 7–Oct 12 Sa 10:25–10:55 a.m. # 92624

Sep 7–Oct 12 Sa 11:00–11:30 a.m. # 92625

Sep 7–Oct 12 Sa 11:35 a.m.–12:05 p.m. # 92626

Sep 7–Oct 12 Sa 12:10–12:40 p.m. # 92627

Private Swim Lessons

Private Lessons are designed for one-on-one instruction to help meet the specific needs of the participants.

Age: 3–Adult ■ Concord Community Pool ■ \$79R/\$84NR

Sessions Days Time Course

Sep 7–21 Sa 9:50–10:20 a.m. # 92673

Sep 7–21 Sa 10:25–10:55 a.m. # 92674

Sep 7–21 Sa 11:00–11:30 a.m. # 92675

Sep 7–21 Sa 11:35 a.m.–12:05 p.m. # 92676

Sep 7–21 Sa 12:10–12:40 p.m. # 92677

Sep 28–Oct 12 Sa 9:50–10:20 a.m. # 92678

Sep 28–Oct 12 Sa 10:25–10:55 a.m. # 92679

Sep 28–Oct 12 Sa 11:00–11:30 a.m. # 92680

Sep 28–Oct 12 Sa 11:35 a.m.–12:05 p.m. # 92681

Sep 28–Oct 12 Sa 12:10–12:40 p.m. # 92682



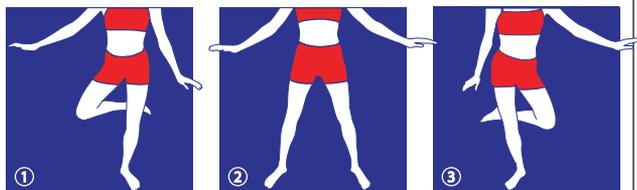
WEEKDAY CLASSES

Preschool & Elementary Classes

For children who are comfortable in the water without parents and can put their face in.

Concord Community Pool ■ \$64R/\$69NR

Session	Days	Time	Preschool	Elementary
			Ages 3–5	Ages 6–Up
Sep 9–19	M–Th	3:45–4:15 p.m.	# 92584	# 92611
Sep 9–19	M–Th	4:20–4:50 p.m.	# 92585	# 92612
Sep 9–19	M–Th	4:55–5:25 p.m.	# 92586	# 92613
Sep 9–19	M–Th	5:30–6:00 p.m.	# 92587	# 92614
Sep 23–Oct 3	M–Th	3:45–4:15 p.m.	# 92588	# 92615
Sep 23–Oct 3	M–Th	4:20–4:50 p.m.	# 92592	# 92616
Sep 23–Oct 3	M–Th	4:55–5:25 p.m.	# 92589	# 92617
Sep 23–Oct 3	M–Th	5:30–6:00 p.m.	# 92593	# 92618
Oct 7–17	M–Th	3:45–4:15 p.m.	# 92590	# 92619
Oct 7–17	M–Th	4:20–4:50 p.m.	# 92594	# 92621
Oct 7–17	M–Th	4:55–5:25 p.m.	# 92595	# 92620
Oct 7–17	M–Th	5:30–6:00 p.m.	# 92591	# 92622



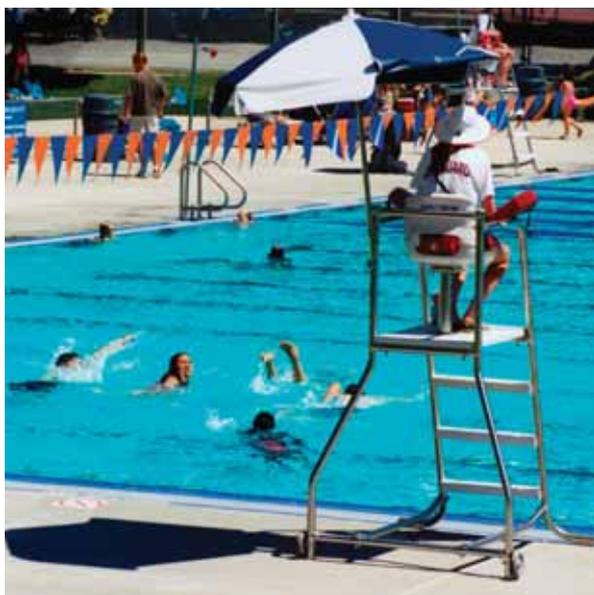
Water Exercise

Please visit the City's website at www.concordreg.org for updated schedules and info on Water Exercise Classes.

Private Swim Lessons–Weekdays

Age: 3–Adult ■ Concord Community Pool ■ \$105R/\$110NR

Days	Time	Sep 9–12	Sep 16–19	Sep 23–26	Sep 30–Oct 3	Oct 7–10	Oct 14–17
M–Th	3:45–4:15 p.m.	# 92654	# 92658	# 92662	# 92665	# 92669	# 92684
M–Th	4:20–4:50 p.m.	# 92655	# 92659	# 92663	# 92666	# 92671	# 92687
M–Th	4:55–5:25 p.m.	# 92656	# 92660	# 92664	# 92667	# 92672	# 92686
M–Th	5:30–6 p.m.	# 92657	# 92661	# 92683	# 92668	# 92670	# 92685



CONCORD COMMUNITY POOL

3501 COWELL ROAD, CONCORD • 671-3474

Lap Swim

- Open year-round
- Pool heated to a comfortable 80 degrees
- 50 meter/ 25 yard lap pools
- Heated locker rooms and showers
- Certified Professional Lifeguards

Fees

Daily	\$5.25 R / \$6.25 NR
Monthly	\$70R / \$75 NR
15 Swims	\$62 R / \$72 NR

Lap Swim	September 3–November 30
M, W, F	6 a.m.–1 p.m.
Tu, Th	7 a.m.–1p.m.
M–Th	7 p.m.–8:30 p.m. (Short Course Only)
Sa & Su	10 a.m.–Noon

Holiday Hours 10 a.m.–Noon	
Veterans Day	Nov 11
Day After Thanksgiving	Nov 29

Pool Closures	
Swim Meet	Nov 8–10
Thanksgiving	Nov 28

Fall Recreational Swim

Hours	September 7–September 29
Sa & Su	1–4 p.m.

Admission	Daily
Adult (18+)	\$5.25 R / \$6.25 NR
Child (6–17)	\$4.50R / \$5.25 NR
Tot (5 & Under)	\$4R / \$4.25 NR

R = Concord Resident NR = Concord Non-Resident



Desire, Dedication, Determination
Terrapins
S W I M T E A M

*RECOGNIZED AS ONE OF THE NATION'S
BEST COMPETITIVE SWIMMING
PROGRAMS RIGHT HERE IN CONCORD!*

- ◆ Developmentally appropriate competitive swim program- year-round & seasonal programs available

SEASONAL PROGRAMS

- ◆ *Fall Technique Development Program-* Sept. through Dec.
- ◆ *High School pre-Season Training Program-* Nov. through early Feb.
- ◆ *Spring competitive Clinic program-* Feb. through April
- ◆ *Introductory level competitive swimming program-* four 3 month sessions throughout the year.

WWW.TERRAPINSWIM.COM



Birthday Party Splash & Bash

Plan your next birthday party at Concord Community Pool (CCP). CCP provides a fun and unique atmosphere for many types of occasions. Each party rental includes the exclusive use of the beautiful **Rotary Centennial Pavilion, 5 picnic tables** and recreation swim time for up to **30 guests**. Contact the Pool at 671-3480 for information or to reserve your time.

SIGN UP NOW - FIVE (5) EASY WAYS TO SIGN UP

1. Online Registration
www.ConcordReg.org

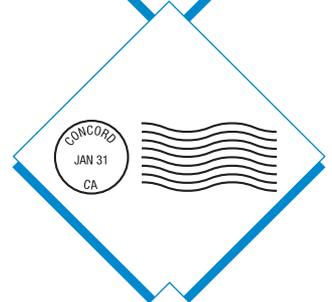


2. By Fax
Send your completed form and credit card information to 689-8169.



3. By Mail
Pay by check, MasterCard, Visa or American Express.

Mail your completed form with payment to:
Concord Parks & Recreation Department Registration
 1950 Parkside Drive, MS/11
 Concord, CA 94519-2578

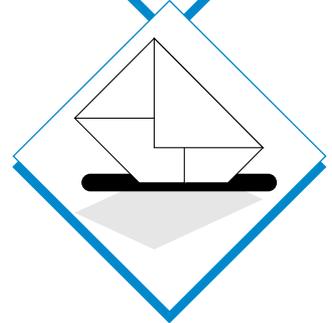


4. Drop-off
During business hours secure drop slots at Willow Pass Center and Centre Concord.

5. In person registration and customer service hours at the following locations:

Willow Pass Community Center
 2748 E. Olivera Road
 Monday-Friday, 10 a.m.-12 p.m. and 1-3 p.m.

Centre Concord
 5298 Clayton Road, Concord
 Monday-Friday, 10 a.m.-12 p.m. and 1-3 p.m.

**Please Remember:**

- Register early! Classes with low enrollment may be canceled before the first class.
- If the class you select is full, you will be notified and your check returned.
- If you live within the city limits of Concord, you enjoy the Concord resident discount.
- Information in this brochure is subject to change.
- For the most up-to-date class information call 671-3404.
- Para información en Español llame al 671-3324.



REGISTRATION

WITHDRAWALS AND TRANSFERS

If you wish to drop a class or transfer to another session, call us **at least five (5) full working days** before the start date for a refund or credit. **No refunds for non-attendance, one-day workshops, trips or materials fees.**

QUALITY ASSURANCE AND CREDITS / REFUNDS

Try our classes. If, after attending the first class, you are not happy with the quality of the program, call us right away. Tell us what was wrong so we can make it right. If you call before the second class we will give you a full refund or credit. **There are no refunds for non-attendance, one-day workshops, trips or materials fees.** Refunds due to course cancellations can take up to 2 to 4 weeks to process. A credit left on a customer's account will expire 12 months after the date of issuance.

HOW DID YOU HEAR ABOUT THIS PROGRAM?

- Activity Guide
 On-going Program
 Friend or Family
 Brochure or flyer through school
 City Website
 Email Newsletter
 Cable TV Channel
 Banner/Public Display
 Newspaper
 Other _____

Head of Household		<input type="checkbox"/> Concord Resident <input type="checkbox"/> Non-Resident	
Address		<input type="checkbox"/> If you or your child have a special need or disability, please check here.	
City	State	Zip	
Email	Phone (Day)	Phone (Eve)	

ACTIVITY REGISTRATION: This is for (check one) **Winter** **Spring** **Summer** **Fall**

Participant Name	Date of Birth	Course #	Course Title	Fee
Total Fees \$				

WAIVER AND RELEASE FROM LIABILITY / ASSUMPTION OF RISK

I, the undersigned, wish to participate in one or more activities (hereinafter collectively referred to as "the Activity") conducted in collaboration with the City of Concord's Parks & Recreation Department. I am aware that serious accidents and injuries occasionally occur during recreational pursuits such as the Activity. In consideration of my participation in the Activity, I knowingly and voluntarily assume all risks arising therefrom, and on behalf of myself, my heirs and assignees release the City of Concord, its officers, agents, employees and volunteers from any and all claims, liens, damages, lawsuits, or liability for property damage, injury or death, resulting from, arising out of, or in any way connected with my participation in the Activity.

I agree and acknowledge that this Waiver and Release From Liability/Assumption of Risk shall apply even in the event that I suffer death, personal injury, or property damage as the result of passive or active negligence on the part of the City of Concord, its officers, agents, employees, or volunteers of the City (with the exception of sole, active negligence, or willful misconduct). In the event that the individual participating in the Activity is a minor, I certify that I am his/her parent or legal guardian and I give my permission for him/her to participate in the Activity. I understand my signature is a legal and binding signature and will be considered original if received by fax.

USE OF PARTICIPANT PHOTOGRAPHS/VIDEO

In addition to the forgoing, I give consent to Concord Parks & Recreation Department or any other media agency authorized by the City of Concord to photograph or video me (or the minor on whose behalf I am signing this waiver), and to use such photographs/video footage in brochures, newspapers or other forms of media describing City of Concord activities. I agree to advise the City of Concord Parks & Recreation Department in writing if I do not agree to the forgoing.

(check one) **Self** **Parent** **Guardian**

Signature _____ Date _____

Method of payment: <input type="checkbox"/> Check payable to: Concord Parks & Recreation <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		Amount \$ _____
Card #: _____	3 or 4 Digit Security Code: _____	
Print name as it appears on card _____		Exp. Date Month/Day/Year / /
_____		Signature _____

Farmers' Market • Music and Market

*Special Events at
Todos Santos Plaza***Concord Farmers' Market**

Tuesdays: Year-round, 10 a.m.–2 p.m.

Thursdays: April 25–October 24, 4–8 p.m.

1-800-949-FARM

Music and Market–Thursday Evenings

May 23–September 12, 6:30–8 p.m.

Farmers' Market and free music concerts in the Park with a great line-up of wonderful Bay Area musicians. Salsa, jazz, zydeco, blues and more.

**California Symphony
Pops on the Plaza**

Thursday, Aug. 29, 6:30 p.m.

Join the California Symphony for their 13th annual free Pops on the Plaza concert.

Emergency Preparedness Fair

Thursday, Sept. 5, 4 p.m.–8:30 p.m.

Learn how to respond to earthquakes, public health issues and disasters of all kinds.

**Halloween Parade
and Costume Contest**

Thursday, Oct. 31, 4–6 p.m.

Trick-or-Treat door-to-door at Todos Santos Plaza businesses. See the 2013 Downtown Concord Scarecrow Contest winner!

**Concord's Official Tree-Lighting
and Mayor's Sing-Along**

Santa's Grand Arrival: Saturday, Dec. 7 at 4 p.m.

On-stage entertainment: 5 p.m.

School choirs and community entertainment on stage with traditional tree-lighting and holiday sing-along; carriage rides by the Todos Santos Business Association. Special Pearl Harbor Salute.

*All events subject
to change without notice*
www.concordfirst.org
 Events Hotline: 671-3464

**Concord Library
Children's Programs**

2900 Salvio ■ (925) 646-5455

■ Baby & Toddler Time

Stories and songs for children

6 months to 3½ years old

Every Tuesday, 10:15 a.m. and 11:15 a.m.

■ Preschool Storytime

Stories, songs and finger plays for children

3½ to 5 and caregiver

Wednesdays at 10:30 a.m.

August 14–September 18

October 9–November 13

December 4–January 15

■ Bilingual Storytime

Songs and stories in Spanish and English

All ages welcome

Mondays at 1:30 p.m.

August 19–September 30

October 21–December 2

■ Toddler Tumble TimeGames, puzzles, motor skill activities –
a playgroup for children 12 months

to 3 years and caregiver

Thursdays at 12:00 p.m.

September 26–October 24

Registration Starts September 3

All programs subject to change

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L I B R A R Y

Bringing People and Ideas Together



Rental facilities for all occasions.



Take a virtual tour of our facilities!

www.cityofconcord.org/rentals

Centre Concord (Shown)
5298 Clayton Road
Concord, CA 94521
(925) 671-3466

Concord Senior Center
2727 Parkside Circle
Concord, CA 94519
(925) 671-3320

Willow Pass Center
2748 E. Olivera Road
Concord, CA 94519
(925) 671-3423



City of Concord
1950 Parkside Drive
Concord, CA 94519-2578

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**CALIFORNIA
SYMPHONY**
DONATO CABRERA MUSIC DIRECTOR



TARGET



**LESHNER
FOUNDATION**

14TH ANNUAL TARGET
**Pops on the Plaza
Concert**



GET CLOSER
TO THE MUSIC YOU LOVE

**Thursday, August 29, 2013
6:30pm, Todos Santos Plaza**

Willow Pass and Grant in Downtown Concord

This terrific family concert features great music from swing to jazz, movies, Broadway, and everything in between! Make an evening out of it and enjoy the many restaurants surrounding the park!

www.californiasymphony.org



Donato Cabrera
Music Director



Ann Notarangelo
CBS 5 Eyewitness News, Emcee



FREE ADMISSION
Senior Seating Available
Lots of Free Parking
Bring a Picnic