

**TRIPS AND TOURS**

**3 Delancey Street Lunch and Pier 39**

Delancey Street Restaurant is a key training school of the Delancey Street Foundation, the country's largest self-help residential organization for people who have hit bottom to completely rebuild their lives. Zagat has called it 'The Friendliest Restaurant in San Francisco' and has received a certificate of excellence from Trip Advisor. Lunch on your own at the famous Delancey Street Restaurant. After lunch, visit Pier 39 with your personal discount booklet for dessert, shopping and browsing. No refunds or cancellation after, April 22.



All Ages ■ Senior Center ■ Mary Ann Sams  
 May 6 Sa 10 a.m.-6:30 p.m. \$38 #104126

**Trip Difficulty Rating System**

Our trip Difficulty Rating System ranks each trip from 1 to 3 according to the degree of activity and general travel rigors. For example, 1 is the easiest and 3 indicates the most strenuous. There is a limit of one flat fold walker on van trips rated 1 or 2 and 30 passenger bus trips. Please inform registration staff when registering a participant that uses a walker or wheelchair 2 weeks prior to trip departure. There is a limit of 1 wheelchair for casino motorcoach trips. There is a limit of 1 wheelchair on the 30 passenger bus. Wheelchair users need to be able to propel self in wheelchair and care for self or bring a paid caregiver.

**DEFINE FITNESS LEVEL**

Fitness level is important to define. Overestimating your physical ability may affect the quality of your experience or impede others. Escorts are not responsible for assisting seniors in walking or access issues.

**1 Level 1 is EASY**  
 Light walk (under 2 blocks. Wheelchair, canes and walker accessible.

**2 Level 2 is MODERATE**  
 Medium walking with stairs/inclines. Long standing periods may apply. NO wheelchairs, canes or walkers.

**3 Level 3 is STRENUOUS**  
 Person should be strong with good cardio. Heavy walking or hiking on uneven terrain, with more than 1 hour standing period. NO wheelchairs, canes or walkers.

**3 Marin Civic Center and San Rafael**

Join us for a private docent-led behind-the-scenes tour of the Marin County Civic Center designed by renowned architect Frank Lloyd Wright. You'll get access to the Marin County Board of Supervisors Chambers and their private balcony, be eye level with the building's iconic blue roof, and see custom furniture designed by Frank Lloyd Wright and built by inmates from San Quentin's woodshop. You'll also learn the complicated and scandalous history of the creation of the building. Then off for lunch on your own in San Rafael. No refunds or cancellations after April 27.

All Ages ■ Senior Center ■ Mary Ann Sams  
 May 11 Th 9 a.m.-3:30 p.m. \$44 #104151

**3 Walking Tour of Concord's Historic Buildings**

Put on your walking shoes and enjoy a leisurely 3.5-4 mile trek around downtown Concord and through nearby neighborhoods. Explore the history of some of the city's oldest buildings and enjoy some of the lesser known facts about the community. Meet your tour guide at Todos Santos Park behind the stage. Dress appropriately for weather conditions and wear comfortable shoes. Bring water, a walking stick (if desired) and your lunch. This hike is not recommended for those with mobility or medical issues. No refunds or cancellations after April 29.

All Ages ■ Todos Santos Plaza ■ Mary Rae Lehman  
 May 13 Sa 10 a.m.-3 p.m. \$7 #103891

**3 Mt. Diablo and The Pointe**

Are you looking for an exhilarating Day Adventure? This is it! Enjoy a ranger docent driving tour of Mt. Diablo (Devil Mountain) and see spring flowers, inspiring views, quiet forests, historic locations (e.g. Diablo Stoves), and walk the approximate 1/2 mile summit trail (if you wish), to visit the Summit Visitor's Center. Watch for interesting wildlife right in our own backyard. Don't miss this unique opportunity, available only through Concord Senior Center. No refunds or cancellations after May 8.

All Ages ■ Senior Center ■ Mary Ann Sams  
 May 22 M 9:30 a.m.-3:30 p.m. \$48 #104152

**3 Muir Woods, Muir Overlook & Tiburon**

Spectacular in Spring, Muir Woods is host to new Coast Redwood growth, spring flowers and newborn salmon. It is a great place to see the 'Tallest Trees' in the world. Visit the meditative Cathedral Grove. A ranger will give an overview of the woods. Then traverse the woods on your own. After, we drive to Muir overlook to view awesome scenes of the Pacific Ocean. Then onto Tiburon where you will have lunch on your own at Sam's Anchor Cafe. No refunds or cancellations after May 26.

All Ages ■ Senior Center ■ Mary Ann Sams  
 Jun 3 Sa 9:15 a.m.-4 p.m. \$39 #104123

## Red Hawk Casino

Red Hawk Casino in Placerville offers all the amenities and attractions you'd expect in a Northern California casino. It is surrounded by beautiful views and breathtaking scenery. Your luck is about to change! 2000 Slot Machines, Progressive Jackpots, 75 Table Games, great restaurants, gift shop, and much more! A minimum of 40 must be registered by May 25. No refunds or cancellations after May 25.

<b>21+ ■ Senior Center ■ Kelly Madge</b>				
<b>Jun 8</b>	<b>Th</b>	<b>9 a.m.-5 p.m.</b>	<b>\$32</b>	<b>#104178</b>
<b>Wheelchair patron only</b>		<b>\$32</b>	<b>#104180</b>	

## USS Hornet Museum

Enjoy a tour of the historic USS Hornet which is anchored in Alameda. Wear comfortable shoes and dress in layers as it is a large ship with many passages and sites that are open to the elements. NOTE: bags larger than 12'x8'x12' are not allowed on the ship. This includes camera bags. Eat your boxed lunch (provided) in the Mess Hall and spend 6 minutes in a flight simulator, all included. No refunds or cancellations after May 28.



<b>All Ages ■ Senior Center ■ Mary Rae Lehman</b>				
<b>Jun 11</b>	<b>Su</b>	<b>9:30 a.m.-3 p.m.</b>	<b>\$45</b>	<b>#103889</b>

## Culinary Institute of America & St. Helena

Tour the famous Culinary Institute of America, renowned for their graduated chefs, culinary history and memorable menus. Shop in their Market Place for cookware, specialty foods and spices. Then off to St. Helena, the favorite city in Napa Valley, for a driving tour. Enjoy lunch on your own at a restaurant of your choosing. There are plenty of shops and sites to enjoy. No refunds or cancellations after June 3.

<b>All Ages ■ Senior Center ■ Mary Ann Sams</b>				
<b>Jun 17</b>	<b>Sa</b>	<b>9 a.m.-5 p.m.</b>	<b>\$42</b>	<b>#104131</b>

## Historic Benicia

Benicia was home to California's first Capitol Building and shares a lot of mid-1800 history. Take a bus and walking tour of some of the significant locations including the Camel Barns and the Clock Tower Fortress. Have lunch on your own at one of Benicia's yummy restaurants. You will have the opportunity to scout local artist exhibits at the Arsenal, a former military location. Wear good walking shoes and dress appropriate for the weather. No refunds or cancellations after June 10.

<b>All Ages ■ Senior Center ■ Mary Rae Lehman</b>				
<b>Jun 24</b>	<b>Sa</b>	<b>9:30 a.m.-4 p.m.</b>	<b>\$28</b>	<b>#103897</b>

## Wente Vineyard and Livermore

Visit the famous Wente Family Winery for an exclusive Cave Tour and tasting. Learn about the land's history, the discovery of the sandstone caves, wine appreciation and then sample their award winning wines. Before departing for downtown Livermore, you will have lunch on your own with time for browsing. Finally, we will then take a drive by the Blue Star Veteran's Home atop the hill to enjoy the views. No refunds or cancellations after June 30.

<b>All Ages ■ Senior Center ■ Mary Ann Sams</b>				
<b>Jul 15</b>	<b>Sa</b>	<b>9:30 a.m.-5 p.m.</b>	<b>\$62</b>	<b>#104121</b>

### Trips & Tours Procedures

Full Payment is required for all day trips and overnights at the time of registration, unless specified otherwise.

Customers have the following ways to register.

- Walk in to the Senior Center Travel Desk. (Travel Desk is open from 9 a.m.-noon, Mon-Fri)
- Phone in to (925) 671-3320 Mon-Fri from 9 a.m.-noon
- [www.ConcordReg.org](http://www.ConcordReg.org)

Bus, van and motorcoach trips operate on first-come, first-served seating. The vans are equipped with bench style seating and limited accessibility.

Refunds may be requested up to the trip cut off date with a \$5 cancellation fee incurred. Unfortunately, refunds will not be honored after the trip cut off date. Refunds, less \$5, may be requested with 30 days or more notice on trips without cut off dates. In the event that you request a refund after the trip cut off date the following may occur: If there is a wait list for the trip and someone from the waiting list is willing to take the space vacated by you, you will receive all but \$5 of the amount that you have paid for the trip.

### Transportation

Ride in comfort in our 30-passenger wheelchair accessible bus (unless another mode of transportation is indicated).



### Amtrak to Sacramento Old Town Underground Tour

Enjoy an hour long Train Ride from the Martinez Amtrak Station to Sacramento Old Town where you will enjoy docent led tours of Sacramento's Gold Rush era and the underground excavated foundations and enclosed pathways hidden since Sacramento raised its streets over a century ago. There will be time to explore Old Sacramento's points of interest and museums and to enjoy a lunch (not included) at one of the many restaurants. Wear good walking shoes. No refunds or cancellations after July 3.

**All Ages ■ Senior Center ■ Mary Rae Lehman**  
**Jul 17 M 7:30 a.m.-6 p.m. \$80 #103890**

### Ft. Ross Festival

Travel up the beautiful coast highway to historical Ft. Ross where the first Russian settlement on American soil occurred. Also where Russian-American culture, dance, work and food traditions continue to cooperatively endure. Enjoy a day full of performers, dances, games, a variety of food and extraordinary scenic beauty. See a working Windmill, Art of the local Indians. Learn of the renowned Love Story between a Russian Diplomat and the Spanish Commandant's daughter. This is a unique event in California. Don't miss this opportunity. No refunds or cancellations after July 15.

**All Ages ■ Senior Center ■ Mary Ann Sams**  
**Jul 29 Sa 8:30 a.m.-6:30 p.m. \$55 #104132**

### A Day in Carmel

Quaint, charming, elegant, peaceful, and beautiful are all words that describe Carmel. The home of writers, artists, actors, and historians, you can enjoy this beautiful place for the day. Meander, leisurely dine and sit by the ocean beach watching the waves slurp against the white sand, Shop the delightfully unique shops, browse the charming cottages and relax in the warm sun. No refunds or cancellations after July 22.

**All Ages ■ Senior Center ■ Mary Ann Sams**  
**Aug 5 Sa 8:30 a.m.-6:30 p.m. \$47 #104412**

### San Francisco Maritime Museum and Hyde Street

Explore the Maritime History of San Francisco with visits to the Maritime Museum, the Visitor Center Displays and the historic ships along the Hyde Street Pier. Enjoy self-guided tours of the Alma, Hercules, Eureka and C.A. Thayer and a Ranger led tour of the Balclutha, if desired. Experience the Aquatic Park Historic District or see the cable car turnaround. There will be plenty of time to stroll along Fisherman's Wharf and Ghirardelli Square where you can grab lunch (not provided). No refunds or cancellations after July 23.

**All Ages ■ Senior Center ■ Mary Rae Lehman**  
**Aug 6 Su 9 a.m.-4 p.m. \$45 #104413**

### Thunder Valley

Try your luck at this Lincoln, California casino close to home and designed for fun!. Receive \$15 slot free play and \$5 food credit. Register by July 28. No refunds or cancellations after July 28.

**All Ages ■ Senior Center ■ Kelly Madge**  
**Aug 10 Th 9 a.m.-5 p.m. \$33 #104181**  
**Wheelchair patron only \$33 #104182**

### Hands On Cooking Class with Chef Charlie

Calling all foodies! Chef Charlie of Epicurean Exchange will teach you how to make delicious Spanish Paella dishes from scratch using locally grown ingredients. Learn the art of culinary expertise right in Chef Charlie's own kitchen, and walk away with the ability to make a meal that will satisfy all your guests during the upcoming holidays. After the class you will enjoy what you have cooked with new found friends and a glass of refreshing Chef concocted Sangria. This is a 'hands-on' experience and spaces are limited. No refunds or cancellations after July 17.

**All Ages ■ Senior Center ■ Mary Rae Lehman**  
**Aug 14 M 10 a.m.-3 p.m. \$115 #103892**

### Canvas Painting

Here is your opportunity to grab a friend and enjoy an afternoon painting on canvas. All supplies will be provided and you will be guided through a variety of painting techniques. While letting your artistic juices flow, enjoy beverages and light refreshments. No refunds or cancellations after August 5.

**All Ages ■ Senior Center ■ Mary Rae Lehman**  
**Aug 19 Sa 2:30-7 p.m. \$55 #104397**



### Presidio Tour and Overlooks

We visit the new Heritage Center (former Officer's Club) with a ranger docent tour of the new historic galleries and a van-drive overview of the Presidio Park. This will include the history, unusual sites and new additions to the Park. Have lunch on your own at the Arguello Restaurant in the Heritage Center featuring authentic Mexican cuisine. You will have time to visit the galleries or other areas that interest you.! No refunds or cancellations after August 12.

**All Ages ■ Senior Center ■ Mary Ann Sams**  
**Aug 26 Sa 9 a.m.-5 p.m. \$62 #104122**